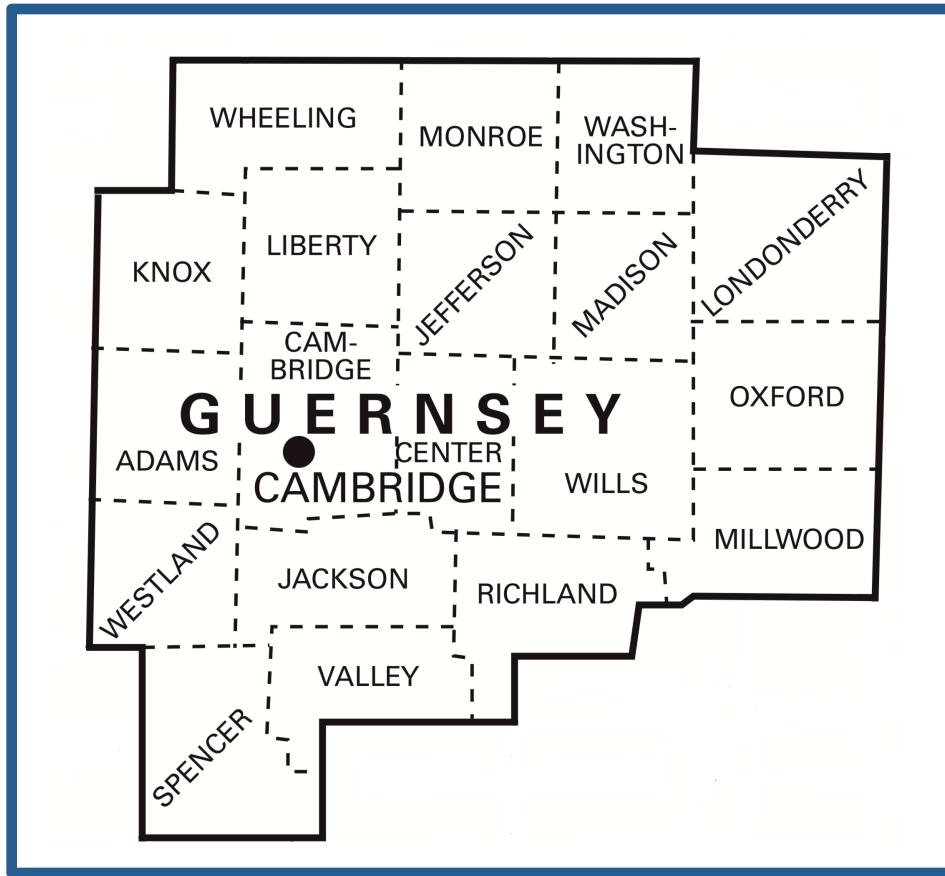


GUERNSEY COUNTY

Community Health Improvement Plan

February, 2018



Funded by the Cambridge-Guernsey County Health Department.

Written in partnership with Illuminology and the Center for Public Health Practice
at The Ohio State University's College of Public Health.

ILLUMINOLOGY



THE OHIO STATE UNIVERSITY
COLLEGE OF PUBLIC HEALTH

In June, 2017, the Cambridge-Guernsey County Health Department in Guernsey County, Ohio entered into an agreement with Illuminology and The Ohio State University's Center for Public Health Practice to develop a regional Community Health Improvement Plan (CHIP).

Earlier in 2017, the Cambridge-Guernsey County Health Department participated in a collaborative effort to conduct a Community Health Assessment (CHA). This CHA was intended to help community stakeholders better understand the health needs and priorities of those who reside in Guernsey County. The final report of this effort can be accessed via the Cambridge-Guernsey County Health Department website, <http://guernseycountyhealthdepartment.org/images/PDF/cha-report.pdf>.

Public health professionals from the Cambridge-Guernsey County Health Department, along with leaders representing a diverse array of social service and community organizations, participated in a group discussion session on June 12, 2017. During this session, community members identified the priority health issues facing residents in Guernsey County, relying on the recently completed CHA. After considering the data summarized by the CHA as well as their personal experience with the community and its residents, consensus was reached on the following priority health issues:

Drug Dependency/Substance Abuse
Chronic Disease (especially heart disease and obesity)
Mental Health (especially depression and anxiety)

These community members then pledged to work together to develop a strategic plan - this CHIP - to address these prioritized community health needs.

After prioritizing the community health needs to be addressed by this collaborative strategic plan, the next task was to reach agreement on a shared definition, or vision, for a healthy Guernsey County. After multiple rounds of generation and revision during a group discussion session in September, 2017, consensus was reached. Guernsey County's vision of health is:

Guernsey County: A safe and healthy place to live, work, play, and call home.

The community members involved in this process then split into three groups to begin drafting health improvement plans for each health priority, following a systematic process that was informed by Public Health Accreditation Board Standard 5.2. The plans drafted by each group detail the specific goals, objectives, and measures that will be used to address

the community health priorities and track progress over time. The three work plan groups considered several overarching principles during their discussions and writing: The Health Impact Pyramid, the concepts of evidence based public health practice, and priority alignment with Ohio's State Health Improvement Plan.

The resulting CHIP identifies health priorities, goals, objectives, and action steps that can be used by the community to guide the development and implementation of projects, programs, and policies that are aimed at improving the health of the residents of Guernsey County.

Implementation of the CHIP will begin in mid-2018. On an annual basis, Guernsey County will publish a report outlining progress made towards accomplishing the goals outlined in the work plan and reconvene community partners to discuss progress and necessary revisions. The original group of community partners, along with additional community members, will be invited to provide ongoing guidance and support throughout the implementation of this CHIP and any revisions that may be necessary; the composition of this group will be expanded and maintained as this work progresses. The CHIP is scheduled to be implemented over a three-year period.

For the reader's convenience, a brief table of contents is presented below.

For Information About...	See Page
Letter From The Health Department	5
Introduction	6
Description Of The CHIP Development Process	7
Review Of CHIP Goals, Key Measures, & Objectives	11
Summary & Next Steps	14
Appendix A: Work Plans	16
Appendix B: List Of Community Assets & Resources	34
Appendix C: List of Planning Committee/Workgroup Members	40

The Cambridge-Guernsey County Health Department is pleased to present the 2018 Guernsey County Community Health Improvement Plan. This document presents a roadmap to maintain and improve the health and well-being of Guernsey County residents. The plan is the result of collaboration and work of community members, local and regional stakeholders, health department staff and external consultants.

The goals of the Community Health Improvement Plan arose from the Community Health Assessment, which was also a collaborative community effort. The health improvement goals described in this document are aligned with the State of Ohio's goals. The target timeline for meeting the goals described here is three years, with yearly review and assessment.

The 2018 Guernsey County Community Health Improvement Plan describes our goals to improve the community's health, which will lead to Guernsey County becoming a safer and healthier place to live, work, play, and call home. This county is fortunate to have many agencies and residents who have committed to improve the health of residents of the area.

Thank you to all who participated in this effort, and thank you to the dedicated and knowledgeable staff of the Cambridge-Guernsey County Health Department.

The work goes on.

Edward Colby, DO
Health Commissioner

Rose Ball
Administrator

Cambridge-Guernsey County Health Department

In the summer of 2017, the Cambridge-Guernsey County Health Department (GCHD) published a comprehensive assessment of the health of its residents. The 2017 Guernsey County Community Health Assessment (CHA) considered a wide range of information, including disease rates, quality of life issues, causes of death, community resources, and self-reported health status to paint a picture of the health of Guernsey County residents.

Following the completion of the 2017 Guernsey County CHA, the GCHD embarked on a comprehensive strategic planning process focused on improving the health of the community. This began with the generation of a vision of health for Guernsey County, was followed by a review and discussion of priority health issues (considering the CHA data), and finished with the creation of a Community Health Improvement Plan (CHIP) for how to address those priorities. The CHIP is comprehensive and long term, detailing action steps that will be used by community organizations (including the GCHD) as they implement projects, programs, and policies in Guernsey County.

This report provides a description of the process used to engage the community and stakeholders in the development of the CHIP. Following the process summary, there is a section for each identified priority, listing the goals, key measures, an overview of the objectives selected for each health priority, and information to demonstrate the significance of this priority. A work plan that includes more detailed objectives, action steps, and evidence-based strategies for each priority is available in Appendix A. This report concludes with a brief discussion of next steps relative to implementation, ongoing monitoring, and evaluation of the CHIP.

The GCHD was responsible for providing oversight and financial support for the CHIP development process. The GCHD contracted with Illuminology and The Ohio State University's Center for Public Health Practice to design the CHIP process, to facilitate multiple group meetings, to provide technical counsel, and to draft this document.



Figure 1: CHIP Timeline

Identifying Community Health Priorities

On June 12, 2017, public health professionals from GCHD and leaders representing a diverse array of public safety, hospital, healthcare providers, social service, political, educational, and community organizations came together to review the data from the 2017 CHA, which was provided to them in hard copy format. The community members reviewed the 2017 CHA data, along with a list of community assets and resources identified during the CHA process and their personal experience with the community, in order to identify the health priorities. See Appendix B for a list of the above-mentioned community assets and resources, and Appendix C for a list of the participating community members.

To aid community members during their deliberations and discussion, the following criteria were shared for their consideration:

- **Seriousness:** Degree to which the problem leads to death, disability, and impairs one's quality of life.
- **Severity of the Consequences of Inaction:** Risks associated with exacerbation of problem if not addressed at the earliest opportunity.
- **Equity:** Degree to which different groups in the county are affected by a problem.
- **Size:** Number of persons affected.
- **Feasibility:** Ability of organization or individuals to reasonably combat the problem given available resources, including the amount of control, knowledge, and influence organization(s) have on the issue.

In addition, participants were encouraged to consider the statewide effort to have all local CHIPs align with Ohio's State Health Improvement Plan (SHIP). The 2017 SHIP priorities are Mental Health and Addiction, Maternal and Infant Health, and Chronic Disease.

Overall, the planning group members identified a large number of issues and themes that affect the health of Guernsey County residents. These were:

- | | | |
|--|---|-------------------------------|
| • Drug abuse | • Cancer (lung) | • Aging population/elder care |
| • Chronic disease | • Lack of advanced education | • Lack of exercise |
| • Obesity (BMI) | • Infectious diseases (Chlamydia - Hep C) | • Flu and pneumonia vaccine |
| • Mental Health Depression and Anxiety | • Overdose | • Importance for younger |
| • Lack of licensed practitioners | • Child Abuse | • Low birth weight |
| • Affordability of dental/health care | • Domestic Violence | • Teen pregnancy |
| | • Diabetes | • Smoking |
| | | • Alcohol (binge drinking) |

After multiple rounds of small group discussion and prioritization, the important factors impacting the health of Guernsey County residents was systematically narrowed down to the **three most important health issues facing the county:**

Drug Dependency/Abuse
Chronic Disease (especially heart disease and obesity)
Mental Health (especially depression and anxiety)

As shown in Figure 2, the health priorities identified by the Guernsey County community align well with both state and national priority areas.



Figure 2: Guernsey County CHIP, Ohio SHIP, And National Priority Alignment

Defining Health And A Healthy Community

In September 2017, Cambridge-Guernsey County Health Department convened a group of community members (i.e., CHIP planning group) to begin drafting work plans to focus on the prioritized health issues of Mental Health, Drug Dependency / Abuse, and Chronic Disease. These community members represented multiple nonprofit and public sector organizations across a variety of community sectors in Guernsey County.

The participatory process began with the creation of a definition, or vision, of health that articulated the ideal future state of health in Guernsey County. Creation of the vision of health was accomplished through a systematic process of gathering inputs from the planning group

about what they thought an ideal future in Guernsey County looks like. The vision of health for Guernsey County is:

Guernsey County: A safe and healthy place to live, work, play, and call home.

The planning group members regularly consulted this definition of health when developing the CHIP.

Creating The Community Health Improvement Plan

Following the visioning process, the CHIP planning group began their efforts to create the work plans that comprise the main portion of the CHIP. The planning group considered the priorities and needs of residents in the community in order to identify goals, key measures, objectives, action steps, time frames, and accountable persons related to each priority area. The product of these meetings was a work plan for each of three prioritized health issues; these work plans define the actions of this CHIP. Detailed work plans can be found in Appendix A.

When drafting their work plans, the work groups were asked to consider the Health Impact Pyramid and the importance of including evidence based public health practices.

The Health Impact Pyramid describes the effectiveness of different types of public health interventions. Interventions focusing on socioeconomic factors, at the base of the pyramid, have the greatest potential to improve health. Although interventions at the higher levels have less of an impact on health, the likelihood of long-term success is maximized when strategies are implemented at all intervention levels (Frieden, 2010). Policy, system, and environmental (PSE) changes are those that create sustainable change, impacting things like regulations and procedures, the rules of an organization, and the physical environment. PSE changes focus on the broadest sections of the Health Impact Pyramid. Evidence based public health

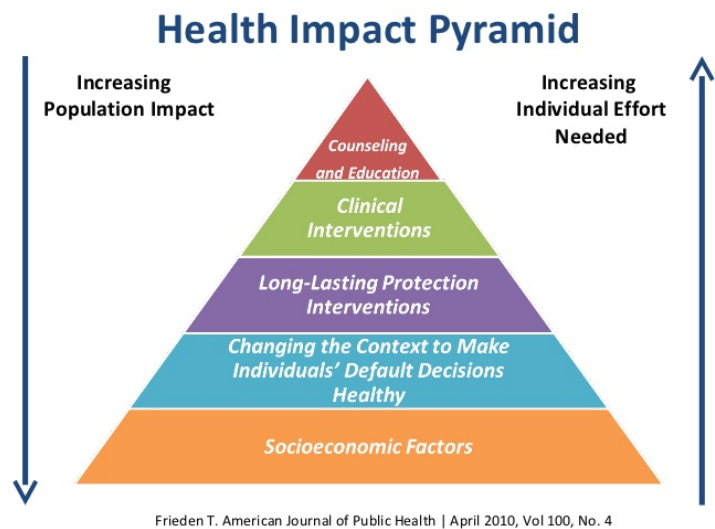


Figure 3: Health Impact Pyramid

practices (EBPHPs) are tested programs, policies, and interventions that are proven to be most effective in successfully changing behavior. They create sustainable changes that improve health. To support this work, Illuminology and OSU's Center for Public Health Practice provided workgroup members with a menu of potential EBPHPs that addressed the community's chosen priority issues.

Lastly, the community members were asked to consider the following three questions, which helped to identify the size and shape of the strategic action(s) that may be required to move the community's health from where it is now to where they want it to be in the future - a gap analysis. For each identified health priority:

- 1) Where are we now as a community?
- 2) Where do we want to be as a community?
- 3) What are potential ways we could *possibly* measure whether or not we have made a difference?

Drug Dependency/Abuse

The 2017 Guernsey County Community Health Assessment identified drug dependency as a priority health issue facing Guernsey County residents. Guernsey County has seen an increase in drug use, overdoses, deaths, and infants born drug dependent/impacted. Drug dependency is a complex condition of the compulsive use of alcohol or drugs, despite harmful consequences. Therefore, this CHIP seeks to decrease the number of Guernsey County residents who are drug-dependent.

Goals: Guernsey County residents who overdose will have a better opportunity to survive and thrive afterwards. Guernsey County residents will have opportunities to participate in education regarding drug use, drug abuse and overdose. Fewer babies born in Guernsey County to drug dependent mothers.

Key measures: Reduction in drug overdoses (deaths). Increase in number of drug education events available to the community by one annual event.
Reduction in # of babies born drug-impacted.

Objectives:

- By December 31, 2020, the Cambridge-Guernsey County Health Department Project DAWN will see a 50% increase in the number of Naloxone kits distributed to friends and family members of individuals at high risk for drug overdose.
- By December 31, 2020 Guernsey County agencies will collaborate to develop an overdose quick response team.
- Public health staff will facilitate meetings with key stakeholders (Guernsey County schools, law enforcement, resource officers, A&D services, etc.) to establish or revise an existing drug use/abuse prevention program by December 31, 2020 in 100% of Guernsey County schools.
- By December 31, 2020 the Clean Start Collaborative will engage local OB/GYN physicians (Muskingum Valley Health Center) resulting in 75% committing to perform routine prenatal drug testing.
- By December 31, 2020, 50% of Guernsey County expectant mothers referred from OB office after testing positive for drugs prenatally will commit to care coordination and referral to drug treatment services through the Maternal Health Case Manager at the Cambridge-Guernsey County Health Department.
- By December 31, 2020, pediatricians at SE Med will commit to testing 50% of newborns for maternal drug use via umbilical cord testing.

Chronic Disease

In the 2017 Guernsey County Community Health Assessment, a number of chronic diseases (e.g., heart disease, stroke, diabetes, COPD, cancer) were identified as priority health issues for many Guernsey County residents. Obesity, hypertension, and high cholesterol are conditions that contribute to these chronic diseases, which can be mitigated by increasing physical activity. Therefore, this CHIP seeks to increase the number of Guernsey County residents engaging in physical activity.

Goals: More Guernsey County residents will engage in physical activity.

Key measures: Increase in number of Guernsey County residents participating in “Healthy Guernsey” event. Increase in reported physical activity as measured by next CHA.

Objectives:

- By December 31, 2020 have an increase of 100% participation by agencies, businesses, or community members to the Healthy Guernsey Committee
- Public health staff will meet with agencies and businesses in our jurisdiction resulting in at least 10 agencies committing to sponsor and help operate a Community Health Day event with an emphasis on ways to increase physical activity during calendar year
- By December 31, 2020, create two new community events within Guernsey County that promote physical activity.
- Develop workplace wellness policy to encourage physical activity among Guernsey County residents.
- By December 31, 2020, distribute info about four physical activity options to community members

Mental Health

The 2017 Guernsey County Community Health Assessment identified the number of days in which residents were in poor mental or physical health, which kept them from doing regular activities. Due to the findings from the Community Health Assessment, there is a need for increased access to mental health services across the lifespan and to improve the community's perception of mental health. Mental health is a state of well-being in which an individual realizes their abilities, cope positively with the stresses of life, and work productively while contributing to their community. Mental health encompasses a holistic view including the emotional, psychological, spiritual, social, and physical well-being. Therefore, this CHIP seeks to increase the accessibility and acceptability of mental health services for Guernsey County residents.

Goals: Guernsey County residents will have increased access to mental health services. Guernsey County residents will have a positive perception of and willingness to utilize mental health services.

Key measures: Amount of mental health resources available to Guernsey County residents. Attitudes of Guernsey County residents.

Objectives:

- By December 31, 2020, health care organizations in our jurisdiction will add at least two full-time independently licensed mental health professionals to serve Guernsey County residents.
- Public Health staff will meet with key stakeholders at health care organizations in our jurisdiction resulting in at least one health care organization committing to provide Tele-Mental Health counseling services Guernsey County residents by December 31, 2020.
- By December 31, 2020, reduce the number of respondents who report they are uncomfortable seeking treatment by 10%.
- By December 31, 2020, conduct a survey of schools in Guernsey County to understand the current mental health curriculum and address gaps in that curriculum.
- By December 31, 2020, create a countywide referral system in Guernsey County Schools.
- By December 31, 2020 conduct a youth behavior self-assessment survey on targeted grade levels with in Guernsey County Schools.

The 2018 Guernsey County Community Health Improvement Planning process aimed to identify the most pressing health issues in Guernsey County and bring stakeholders together to collaborate and create an actionable plan to address those issues. This plan presents priorities and associated goals and objectives to improve the health of Guernsey County. The detailed work plans that resulted from these collaborative efforts are located in Appendix A.

This plan will be monitored and updated annually to reflect accomplishments and new areas of need. Agencies and organizations are encouraged to align their agency strategic plans to this plan where appropriate.

Lastly, Guernsey County residents and community organizations are encouraged to participate in this process. If you or your organization is interested in participating in the CHIP, please contact Rose Ball, Cambridge-Guernsey County Health Department, at 740-439-3577.

Priority #1: Drug Dependency / Abuse

The 2017 Guernsey County Community Health Assessment identified drug dependency as a priority health issue facing Guernsey County residents. Guernsey County has seen an increase in drug use, overdoses, deaths, and infants born drug dependent/impacted. Drug dependency is a complex condition of the compulsive use of alcohol or drugs, despite harmful consequences. Therefore, this CHIP seeks to decrease the number of Guernsey County residents who are drug-dependent.

Goal 1.1: Guernsey County residents who overdose will have a better opportunity to survive and thrive afterwards.

Key Measure(s): Reduction in drug overdoses (deaths).

Baseline: 16 overdose deaths in 2016

Target: 14 Overdose deaths by December 31, 2019

Alignment with National Priorities: Healthy People 2020: Substance Abuse (Screening and Treatment)

Alignment with SHIP: Mental Health and Addiction (Reduce drug dependency/abuse)

Objective(s) that address **policy change(s)** needed to accomplish goal: --

Goal 1.1: Guernsey County residents who overdose will have a better opportunity to survive and thrive afterwards.					
Objectives	Measure	Action Steps	Timeframe	Lead	Status
<p>Objective 1.1.1: By December 31, 2020, the Cambridge-Guernsey County Health Department Project DAWN will see a 50% increase in the number of Naloxone kits distributed to friends and family members of individuals at high risk for drug overdose.</p>	<p>Baseline: Average of approximately 13 Project DAWN kits distributed per year to friends and family members</p> <p>Target: ↑50%</p>	<p>Speak to Guernsey County Pharmacies about Project DAWN program and availability.</p> <p>Place information about Project DAWN on Facebook, Instagram, local radio, and newspaper</p> <p>Ask local community agencies (Alcohol and Drug Services, law enforcement, etc.) to place a link to Project DAWN information on their websites</p> <p>Place PD brochures in doctor's offices, churches (bulletins)</p> <p>Ask Meals on Wheels staff to distribute PD information with their meal deliveries</p> <p>Project DAWN staff will ask to speak at local organizational meetings (Kiwanis Club, Rotary, Lions Club, Eagles, VFW)</p> <p>Project DAWN staff will ask to speak to township trustees at annual meeting.</p> <p>Ask to speak to Guernsey County Ministerial Association.</p>	<p>Start: 1.1.18</p> <p>End: 12.31.20</p>	<p>Angie Gray, RN, DON Cambridge-Guernsey County Health Department</p>	

Goal 1.1: Guernsey County residents who overdose will have a better opportunity to survive and thrive afterwards.					
Objectives	Measure	Action Steps	Timeframe	Lead	Status
<p>Objective 1.1.2: By December 31, 2020 Guernsey County agencies will collaborate to develop an overdose quick response team.</p>	<p>Baseline: Currently no overdose response team exists in Guernsey County</p> <p>Target: Establish one team of collaborative agencies</p>	<p>Community stakeholders will research other quick response teams to better understand structure and policy.</p> <p>Community stakeholders will seek grant funding opportunities for the development of an overdose quick response team.</p> <p>Community stakeholders will schedule a meeting to discuss involvement and collaboration.</p>	<p>Start: 1.1.18</p> <p>End: 12.31.20</p>	Karen Wiggins (Alcohol and Drug Services of Guernsey County)	

Goal 1.2: Guernsey County residents will have opportunities to participate in education regarding drug use, drug abuse and overdose.
Key Measure(s): Increase in number of drug education events available to the community by one annual event.
Alignment with National Priorities: Healthy People 2020: Substance Abuse (Policy and Prevention).
Alignment with SHIP: Mental Health and Addiction (Reduce drug dependency/abuse)
Objective(s) that address policy change(s) needed to accomplish goal: Objective 1.2.1

Goal 1.2: Guernsey County residents will have opportunities to participate in education regarding drug use, drug abuse and overdose.					
Objectives	Measure	Action Steps	Timeframe	Lead	Status
Objective 1.2.1: Public health staff will facilitate meetings with key stakeholders (Guernsey County schools, law enforcement, resource officers, A&D services, etc.) to establish or revise an existing drug use/abuse prevention program by December 31, 2020 in 100% of	Baseline: Educational efforts and curriculum vary per school district Target: Drug use/abuse prevention program	Meet with local school officials, A&D Services, law enforcement, and ESC to assess current educational efforts Plan for county wide educational efforts throughout all Guernsey County schools and grade levels Work with school districts to review and revise existing school district policies for standards pertaining to drug prevention and education programming Work with school district leaders to revise or develop new policies that can be considered and voted on by their Board of	Start: 4.1.18 End: 12.31.20	Angie Gray, RN, DON Cambridge-Guernsey County Health Department	

Goal 1.2: Guernsey County residents will have opportunities to participate in education regarding drug use, drug abuse and overdose.					
Objectives	Measure	Action Steps	Timeframe	Lead	Status
Guernsey County schools. ¹		Directors.			
Objective 1.2.2: By December 31, 2020, local community agencies will collaborate with Project CHOICE to develop a countywide drug education outreach event.	Baseline: No events Target: One event by 2020	HD staff will speak at CHOICES drug coalition meeting regarding this goal as part of CHIP Local community partners will collaborate and support community outreach education event for Guernsey County residents	Start: 1.1.18 End: 12.31.20	Sharon Cassler, CHOICES Exec. Board Member	

¹ Consistent with Ohio 2017-2019 State Health Improvement Plan's evidence-based public health practice (School-based alcohol/other drug prevention programs including youth-led prevention and specific universal prevention curricula).

Goal 1.3: Fewer babies born in Guernsey County to drug dependent mothers.
Key Measure(s): Reduction in # of babies born drug-impacted. Baseline: 51 of 402 (12.7%) mothers delivering at SEORMC in 2016 admitted to a history of drug use during pregnancy or tested positive for drugs during pregnancy Target: 10% of babies born at SEORMC will be drug impacted by December 31,2019.
Alignment with National Priorities: National Prevention Strategy: Preventing Drug Abuse and Excessive Alcohol Use
Alignment with SHIP: Mental health and addiction: Decrease drug dependency/abuse
Objective(s) that address policy change(s) needed to accomplish goal: Objective 1.3.1

Goal 1.3: Fewer babies born in Guernsey County to drug dependent mothers.					
Objectives	Measure	Action Steps	Timeframe	Lead	Status
Objective 1.3.1: By December 31, 2020 the Clean Start Collaborative will engage local OB/GYN physicians (Muskingum Valley Health Center) resulting in 75% committing to perform routine prenatal drug testing.	Baseline: Current testing done by physician order based on maternal history and risk factors, Frequency of testing unknown. Target: 75% of all mothers seen by Guernsey County OBs will have prenatal drug testing.	Meet with leadership at MVHC regarding current practice/policy to determine organizational wide goal. Establish a Guernsey County Health Department policy that asks physicians to refer 100% of women testing positive for drugs on prenatal drug screen to maternal health case manager at the Cambridge-Guernsey County Health Department	Start: 1.1.18 End: 12.31.20	Datha Keyser, RN, Director of SE Med Childbirth Center	

Goal 1.3: Fewer babies born in Guernsey County to drug dependent mothers.					
Objectives	Measure	Action Steps	Timeframe	Lead	Status
<p>Objective 1.3.2: By December 31, 2020, 50% of Guernsey County expectant mothers referred from OB office after testing positive for drugs prenatally will commit to care coordination and referral to drug treatment services through the Maternal Health Case Manager at the Cambridge-Guernsey County Health Department.</p>	<p>Baseline: No case management currently</p> <p>Target: 50% of women who are referred will commit to care coordination/referral to drug treatment services</p>	<p>Case manager to be hired by the Cambridge-Guernsey County Health Department by November 30, 2017</p> <p>Community stakeholders will schedule a meeting with MVHC staff to discuss referral process and encourage physician's to commit to making referrals</p> <p>Maternal Health Case Manager will keep statistics regarding referrals and participation</p>	<p>Start: 1.1.18</p> <p>End: 12.31.20</p>	<p>Angie Gray, RN, DON Guernsey County HD</p>	

Goal 1.3: Fewer babies born in Guernsey County to drug dependent mothers.					
Objectives	Measure	Action Steps	Timeframe	Lead	Status
<p>Objective 1.3.3: By December 31, 2020, pediatricians at SE Med will commit to testing 50% of newborns for maternal drug use via umbilical cord testing.</p>	<p>Baseline: Umbilical cord testing is new to SE Med (Sept 2017). Current testing is based on maternal history and NAS criteria.</p> <p>Target: 50% of newborns born at SE Med will have umbilical cord drug screens</p>	<p>Consult with Sue Hoover, RN at Genesis Healthcare regarding testing policy for newborns</p> <p>Collect baseline data regarding current policy for newborn drug screens at SE Med</p> <p>Schedule meeting with SE Med pediatricians to discuss baseline data findings and encourage commitment to testing</p>	<p>Start: 4.1.18</p> <p>End: 12.31.20</p>	<p>Datha Keyser, RN, Director of SE Med Childbirth Center</p>	

<p>Priority #2: Chronic Disease (especially heart disease and obesity)</p> <p>In the 2017 Guernsey County Community Health Assessment, a number of chronic diseases (e.g., heart disease, stroke, diabetes, COPD, cancer) were identified as priority health issues for many Guernsey County residents. Obesity, hypertension, and high cholesterol are conditions that contribute to these chronic diseases, which can be mitigated by increasing physical activity. Therefore, this CHIP seeks to increase the number of Guernsey County residents engaging in physical activity.</p>
<p>Goal 2.1: More Guernsey County residents will engage in physical activity.</p>
<p>Key Measure(s):</p> <p>Increase in number of Guernsey County residents participating in “Healthy Guernsey” event.</p> <p>Baseline: ___0___ Target: ___50___</p> <p>Increase in reported physical activity as measured by next CHA.</p> <p>Baseline: ___4 times / month___ Target: ___7 times / month___</p>
<p>Alignment with National Priorities: Healthy People 2020: Physical Activity</p>
<p>Alignment with SHIP: Chronic Disease: Heart Disease</p>
<p>Objective(s) that address policy change(s) needed to accomplish goal: 2.1.3</p>

Objective	Measure	Action Steps	Timeframe	Lead	Status
<p>Objective 2.1.1:</p> <p>By December 31, 2020 have an increase of 100% participation by agencies, businesses, or community members to the Healthy Guernsey Committee</p>	<p>Baseline: 7 agencies or community members</p> <p>Target: 14 agencies or community members</p>	<p>List of potential members</p> <p>Send out invitations</p> <p>Invite county agencies to participate in Healthy Guernsey.</p>	<p>Start: 1.17.18</p> <p>End: 12.31.20</p>	<p>Shelly Thompson</p>	

Objective	Measure	Action Steps	Timeframe	Lead	Status
<p>Objective 2.1.2: By December 31, 2018, public health staff will meet with agencies and businesses in our jurisdiction resulting in at least 10 agencies committing to sponsor and help operate a Community Health Day event with an emphasis on ways to increase physical activity during calendar year.</p>	<p>Baseline: 7 collaborating organizations Target: 10 collaborating organizations</p>	<p>Invite more agencies, business and community members* to participate in future Healthy Guernsey Committee meeting</p> <p>Discuss plans and purpose at next Healthy Guernsey meeting</p> <p>Set date and place for Community Health Day event</p> <p>Invite new agencies to help sponsor and help operate a Community Health Day event</p>	<p>Start: 1.31.18 End: 12.31.20</p>	Michele Thompson	
<p>Objective 2.1.3: By December 31, 2020, create 2 new community events within Guernsey County that promote physical activity.</p>	<p>Baseline: 0 events Target: 2 events</p>	<p>Conduct survey of agency* leaders or hold planning meeting to determine what activities are currently in place, which ones are planned, and what new ideas we can bring to the community.</p> <p>Determine gaps and fill based on community need. Will require additional action steps.</p>	<p>Start: 1.31.18 End: 12.31.20</p>	Michele Thompson	

S.M.A.R.T. Objectives

Specific
How will you know it is done?

Measurable
Can WE measure it?

Achievable & Actionable
Can it be done?

Relevant
Should it be done?

Time-oriented
When will it be done?

Objective	Measure	Action Steps	Timeframe	Lead	Status
<p>Objective 2.1.4:</p> <p>Develop workplace wellness policy to encourage physical activity among Guernsey County residents.</p>	<p>Baseline: No workplace wellness policy</p> <p>Target: 1 workplace wellness policy</p>	<p>Survey businesses on what wellness programs are currently in place.</p> <p>Create, revise and implement a workplace wellness policy for Guernsey County Health Department</p> <p>Using Cambridge Guernsey County Health Department's work place wellness policy, the health department will become a resource for wellness within the community.</p> <p>The Cambridge Guernsey County Health Department will develop a wellness packet for distribution in the community.</p> <p>Meet with area business leaders to encourage adoption of workplace wellness policy</p>	<p>Start: 1.31.18</p> <p>End: 12.31.20</p>	<p>Michele Thompson</p>	

Objective	Measure	Action Steps	Timeframe	Lead	Status
<p>Objective 2.1.5: By December 31, 2020 distribute info about 4 physical activity options to community members</p>	<p>Baseline: 0 communications</p> <p>Target: 4 communications (distribute info via doctor outreach, community newsletter, Sunday newspaper, social media)</p>	<p>Create flyer about physical activity (especially walking/running) areas</p> <p>Ask doctors to distribute flyers</p> <p>Health department creates and distributes community newsletter to registered voters, Head Start Centers, WIC recipients</p> <p>Explore distributing flyer in Sunday newspaper and via social media</p> <p>Attend community events to promote future Healthy Guernsey Activities</p>	<p>Start: 5.1.18</p> <p>End: 12.31.20</p>	<p>Michele Thompson</p>	

*List of Potential Partners (Bold faced ones could be lead partners in this effort)

- **Area Agency on Aging**
- Byesville Park - Brennon Dudley
- **Cambridge-Guernsey County Health Department**
- City of Cambridge - Tom Orr
- Corporate Wellness - Sue Ellen Johnson - County Commissioners
- CSB
- DJFS
- Fitness Centers
- Joshua Knott - SEORMC
- Head Start -
- Community Development- Ron Gombeda
- Help Me Grow - Jessica Smith - Jolene Williamson
- Oil & Gas Industry
- Lions Club, Kiwanis, Rotary
- **MVHC?**
- **YMCA**
- Physicians - Pat Goggin, Dr. Kumler, Paula Bakos - Diabetic Educator
- Pleasant City Watch Program-
- PTOs
- Rotary
- School - Kim Rucker, Jen Howell, Tracy Taylor
- **Senior Center**
- **SEORMC**
- **United Way**

S.M.A.R.T. Objectives

<input checked="" type="checkbox"/> Specific <i>How will you know it is done?</i>	<input checked="" type="checkbox"/> Measurable <i>Can WE measure it?</i>	<input checked="" type="checkbox"/> Achievable & Actionable <i>Can it be done?</i>	<input checked="" type="checkbox"/> Relevant <i>Should it be done?</i>	<input checked="" type="checkbox"/> Time-oriented <i>When will it be done?</i>
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<p>Priority #3: Mental Health (especially depression and anxiety)</p> <p>The 2017 Guernsey County Community Health Assessment identified the number of days in which residents were in poor mental or physical health which kept them from doing regular activities. Due to the findings from the Community Health Assessment, there is a need for increased access to mental health services across the lifespan and to improve the community's perception of mental health. Mental health is a state of well-being in which an individual realizes their abilities, cope positively with the stresses of life, and work productively while contributing to their community. Mental health encompasses a holistic view including the emotional, psychological, spiritual, social, and physical well-being. Therefore, this CHIP seeks to increase the accessibility and acceptability of mental health services for Guernsey County residents.</p>
<p>Goal 3.1: Guernsey County residents will have increased access to mental health services.</p>
<p>Key Measure(s): Amount of mental health resources available to Guernsey County residents.</p>
<p>Alignment with National Priorities: Health People 2020: Mental Health Status Improvement (Treatment Expansion)</p>
<p>Alignment with SHIP: Mental Health and Addiction (Reduce depression)</p>
<p>Objective(s) that address policy change(s) needed to accomplish goal: Objective 3.1.1; 3.1.2</p>

Goal 3.1: Guernsey County residents will have increased access to mental health services.					
Objectives	Measure	Action Steps	Timeframe	Lead	Status
<p>Objective 3.1.1: By December 31, 2020, health care organizations in our jurisdiction will add at least two full-time independently licensed mental health professionals to serve Guernsey County residents.¹</p>	<p>Baseline: 28 organizations</p> <p>Target: 30 organizations</p>	<p>Collaborate with local hospitals (Genesis & SEORMC) and mental health providers* to obtain a shared full time independently licensed mental health professional.</p> <p>Recruit from surrounding colleges.</p> <p>Recruit Master level licensed social workers/clinical counselors, PA, certified mental health professionals</p> <p>Establish MOU / shared service agreement with other agencies (i.e. Muskingum Valley Health, Allwell, People to People, Cedar Ridge, Cambridge Counseling, Mideast Ohio Behavioral Health, Southeast Ohio Counseling etc.)</p> <p>Establish a policy for the Guernsey County Health Department to prioritize efforts to find and retain at least two mental health professionals within the County.</p>	<p>Start: 6.1.18</p> <p>End: 12.31.20</p>	Allwell	

¹ Consistent with Ohio 2017-2019 State Health Improvement Plan's evidence-based public health practices (behavioral health workforce pipeline programs)

S.M.A.R.T. Objectives

Specific
How will you know it is done?

Measurable
Can WE measure it?

Achievable & Actionable
Can it be done?

Relevant
Should it be done?

Time-oriented
When will it be done?

Goal 3.1: Guernsey County residents will have increased access to mental health services.					
Objectives	Measure	Action Steps	Timeframe	Lead	Status
<p>Objective 3.1.2: Public Health staff will meet with key stakeholders at health care organizations in our jurisdiction resulting in at least 1 health care organization committing to provide Tele-Mental Health counseling services Guernsey County residents by December 31, 2020.</p>	<p>Baseline: 0 Target: 1</p>	<p>Recruit video counselors</p> <p>Shared services with agencies providing tele-services.</p> <p>Establish MOU, policies, or support of services with agencies that provide or will provide tele-mental health services</p> <p>Establish a Guernsey County Health Department policy outlining the minimum required qualifications of Tele-Mental Health professionals.</p>	<p>Start: 6.1.18</p> <p>End: 12.31.20</p>	Allwell	

- S.M.A.R.T. Objectives**
- Specific**
How will you know it is done?
 - Measurable**
Can WE measure it?
 - Achievable & Actionable**
Can it be done?
 - Relevant**
Should it be done?
 - Time-oriented**
When will it be done?

Goal 3.2: Guernsey County residents will have a positive perception of and willingness to utilize mental health services.
Key Measure(s): Attitudes of Guernsey County residents.
Alignment with National Priorities: Health People 2020: Mental Health Status Improvement (Treatment Expansion)
Alignment with SHIP: Mental Health and Addiction (Reduce depression)
Objective(s) that address policy change(s) needed to accomplish goal: --

Goal 3.2: Guernsey County residents will have a positive perception of and willingness to utilize mental health services.					
Objectives	Measure	Action Steps	Timeframe	Lead	Status
Objective 3.2.1: By December 31, 2020, reduce the number of respondents who report they are uncomfortable seeking treatment by 10%.	Baseline: From pre survey Target: Decrease of 10% from pre to post-survey.	Create pre- and post-assessment survey and distribute to random sample of Guernsey County residents Utilize social media, newspaper for prevention and positive perception of mental health treatment. Collaborate with local schools, businesses, agencies, and faith-based organizations to educate on mental health. Explore grants/funding opportunity to implement community awareness campaign	Start: 6.1.18 End: 12.31.20	Cambridge-Guernsey County Health Department	

Goal 3.2: Guernsey County residents will have a positive perception of and willingness to utilize mental health services.					
Objectives	Measure	Action Steps	Timeframe	Lead	Status
Objective 3.2.2: By December 31, 2020, conduct a survey of schools in Guernsey County to understand the current mental health curriculum and address gaps in that curriculum.	Baseline: 0 survey Target: 1 survey	Send expert to speak and educate schools. (Pertaining to depression, suicide, anxiety, self-esteem etc.) ² Look at current curriculum and add mental health topics where needed through K-12. Reach out to schools in Guernsey County to determine interest level.	Start: 8.1.18 End: 12.31.20	Cambridge-Guernsey County Health Department	

²Consistent with Ohio 2017-2019 State Health Improvement Plan's evidence-based public health practices (school-based health centers, early childhood education, PBIS Tier 1, school-based social and emotional instruction, and universal school-based suicide awareness and education programs).

<p>Goal 3.3: Address mental health wellness of children and families in Guernsey County impacted by drug and alcohol issues within their environment.</p>
<p>Key Measure(s): Number of referrals made to children services directly related to drug and alcohol issues in Guernsey County who use, or live in a home with people who use, alcohol or drugs.</p> <p>Baseline: Of the 54 new children at CPS in 2016, 43 (80%) were related to substance abuse. Target: 75%</p>
<p>Alignment with National Priorities: Health People 2020: Mental Health Status Improvement (Treatment Expansion)</p>
<p>Alignment with SHIP: Mental Health and Addiction (Reduce depression)</p>
<p>Objective(s) that address policy change(s) needed to accomplish goal: --</p>

<p>Goal 3.3: Address mental health wellness of children and families in Guernsey County impacted by drug and alcohol issues within their environment.</p>					
Objectives	Measure	Action Steps	Timeframe	Lead	Status
<p>Objective 3.3.1: By December 31, 2020, create a countywide referral system in Guernsey County Schools.</p>	<p>Baseline: No referral system</p> <p>Target: Create referral system</p>	<p>Meet with school social workers and counselors</p> <p>Develop external referral form to include all local drug & alcohol / mental health care providers* for all schools to facilitate services.</p>	<p>Start: 8.1.18</p> <p>End: 12.31.20</p>	Allwell	

Goal 3.3: Address mental health wellness of children and families in Guernsey County impacted by drug and alcohol issues within their environment.					
Objectives	Measure	Action Steps	Timeframe	Lead	Status
Objective 3.3.2: By December 31, 2020 conduct a youth behavior self-assessment survey on targeted grade levels with in Guernsey County schools. ¹	Baseline: No survey Target: Completed survey	Conduct assessment Disseminate survey information to parents and families pre- and post-test. Educational materials on mental health, including risk identifiers, and referral lists for Guernsey County.	Start: 8.1.18 End: 12.31.20	Allwell	

* List of Potential Partners

- Local hospitals (Southeast Ohio Regional Medical Center, Genesis)
- Muskingum Valley Health
- Allwell
- People to People
- Cedar Ridge
- Cambridge Counseling
- Mideast Ohio Behavioral Health
- Southeast Ohio Counseling
- Mental Health Recovery Board

¹ Consistent with Ohio 2017-2019 State Health Improvement Plan's evidence-based public health practices (Screening for clinical depression for all patients 12 or older using a standardized tool, screening for suicide for all patients 12 or older using a standardized tool).

S.M.A.R.T. Objectives

- | | | | | |
|---|--|--|--|--|
| <input checked="" type="checkbox"/> Specific
<i>How will you know it is done?</i> | <input checked="" type="checkbox"/> Measurable
<i>Can WE measure it?</i> | <input checked="" type="checkbox"/> Achievable & Actionable
<i>Can it be done?</i> | <input checked="" type="checkbox"/> Relevant
<i>Should it be done?</i> | <input checked="" type="checkbox"/> Time-oriented
<i>When will it be done?</i> |
|---|--|--|--|--|

Primary Care Services

Muskingum Valley Health Center
Genesis Health Care of Cambridge
Work Pro (Sports and Work Physicals)
Veterans Administration Clinic

Adult Care Homes

Greystone Health & Rehabilitation
Cambridge Health & Rehab Center
Cardinal Place
Country View Assisted Living
Red Carpet Health Care(upper) Astoria Place (lower)

Geriatric Services

Area Agency on Aging Region 9
Guernsey Co. Senior Citizens Center

Child Care Facilities

All For Kids
Certified Daycare Providers
Wee Cherish Preschool

Maternal Care Services

GRADS Program
SEORMC Childbirth Center
OB/GYN Spec. of Southeastern Ohio, Inc.

Preventive and Primary Care Services For Children

Bright Beginnings
OVESC
GMN Head Start

Reproductive Health Services

Cambridge-Guernsey County Health Dept
Southeastern Ohio OB/GYN Specialist

Home Health

Cambridge Home Health
Foster Bridge
Hospice of Guernsey
Interim Healthcare
Quality Of Life Home Care

EMS

County Wide 911 Service
United Ambulance

S.M.A.R.T. Objectives

Specific
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Drug & Alcohol Services of Guernsey County

Alcohol and Drug Services of Guernsey County
 Allwell
 Cedar Ridge Behavioral

Social Services

Cambridge Church of Christ
 Assembly of God (1st and 3rd Thursday of every month 12:00 pm-1:00 pm)
 Feed My People (Balanced hot meal 6 days a week. 9:00 am - 1:00 pm (lunch 11:15 am - 12:30 pm)
 First Church of the Nazarene (Food Pantry 2nd & 4th Thursday of month 10:00 am - 11:30 am)
 GRACE Pantry (4th Friday of each month 11:00 am - 1:30 pm & 4:00 pm - 6:00 pm Satellite Distribution
 2nd Friday of each month 10:00 am - 11:30 am at Center United Methodist Church on Cadiz Rd.
 Guernsey Co. Senior Citizens Center (Home Delivery)
 Robert T. Secrest Senior Center
 Salvation Army (Share & Care 1st, 2nd & 3rd Thursday) for Produce @ 1:00 pm or Call after 10:00 am

Housing/Shelter Assistance Programs

Aspen Greene Apartments
 Berwick Apartments
 Byesville Gardens
 Cambridge Heights Apartments
 Cambridge Metropolitan Housing Authority
 Cambridge Village
 Coventry Heights Apartments
 Heritage Court Apartments
 The Homes of Huston Hills
 County Veterans Services
 Maple Heights Apartments

Transport Services Special Needs Population

Department of Jobs and Family Services
 SEAT Bus
 Guernsey County Senior Transportation
 Vans for Veterans/Veterans Service Office

Health Promotion/Prevention Nutritional Services Health Screenings Laboratory

Community Health Link
 Guernsey Co. Family & Children 1st Council

Housing

Lakeview Terrace
 Laughlin Woods Apartments
 Maple Arms Apartments
 Mayor Estates Apartments
 Meadow Park Village
 Pine Knoll Apartment Community

S.M.A.R.T. Objectives

- | | | | | |
|---|--|--|--|--|
| <input checked="" type="checkbox"/> Specific
<i>How will you know it is done?</i> | <input checked="" type="checkbox"/> Measurable
<i>Can WE measure it?</i> | <input checked="" type="checkbox"/> Achievable & Actionable
<i>Can it be done?</i> | <input checked="" type="checkbox"/> Relevant
<i>Should it be done?</i> | <input checked="" type="checkbox"/> Time-oriented
<i>When will it be done?</i> |
|---|--|--|--|--|

Salvation Army (Share & Care)
 Skyview East Apartments
 Wills Creek Valley Apartments
 The Village at Sky Meadows

Assistance Programs

Department of Job and Family Services
 GMN/CAC (HEAP)
 Salvation Army
 Guernsey Co. Children Services Board
 Guernsey Co. Health Dept WIC
 Help Me Grow
 OSU Extension Guernsey Co.
 Wellness Resource Center SEORMC

General Practitioners

Community Care Center Dr. Kollengoode's Office
 Conaway, Ed, MD
 Nau, Melissa, MD
 Bryan, Lindsey, NP
 Lall, Shobha, MD
 Pritchett, Erika, MD
 Muskingum Valley Health Center
 Schubert, Sandra MD
 Hack, Hillary, MD
 Simmerman, Angela

OB/GYN

Binkiewicz, Joseph, MD, Wright, Paul, MD
 Pavlik, Vickie, MD (GYN only)

Internal Medicine Primary Care, Cardiology Gastroenterology

Colby, Ed, MD
 Mahayri, Eyad, MD
 Medical Associates: Goggin, Mark, MD
 Goggin, Pat, MD
 Odejedelae, K., MD
 Rush, Doug, MD
 Shashi, Vora, MD
 Durant, Stephen, MD
 OSU Cardiology of Cambridge
 Pain Management Clinic/M. Sayegh, MD
 Rass, Amjad, MD
 Ray, David, DO
 Muskingum Valley Health Center

<input checked="" type="checkbox"/> Specific	<input checked="" type="checkbox"/> Measurable	<input checked="" type="checkbox"/> Achievable & Actionable	<input checked="" type="checkbox"/> Relevant	<input checked="" type="checkbox"/> Time-oriented
<i>How will you know it is done?</i>	<i>Can WE measure it?</i>	<i>Can it be done?</i>	<i>Should it be done?</i>	<i>When will it be done?</i>

Optometrists/Ophthalmologist

Eye Surgery of Eastern Ohio
 Antalis, John, MD
 (Surgery by referral only)
 Cambridge Family Eyecare
 Luminous Eye Care
 The Eye Site
 Wal-Mart Vision Center

Urgent Care

SEORMC Fast Track
 Genesis Health Center
 Urgent Care

Urology

Maximo, Cliff, MD

E.N.T.

Southeastern Ohio E.N.T.

Nurse Practitioners

Tammy Lawson, WHCNP

Chiropractic Services

Advanced Spinal Care
 Cox, Rick, D.C.
 Dollison, Carl, D.C.
 Doudna, Stephen, D.C.
 Fall, Bryan, D.C.
 Jefferies Chiropractic & Wellness

Dental Health Providers

Ohio Smiles
 DuBois, C., D.D.S.
 Duff, Gary, D.D.S.
 Muskingum Valley Oral Surgery
 Fanti, Joseph, D.D.S.
 Farahay Family Dental Care
 Fender, W., D.D.S.
 Gardinsky, George/John/Karen, D.D.S.
 Jones, B. K., II, D.D.S.
 Woodlawn Dental Center
 Wakefield, Darcy, D.D.S.

Education

Cambridge High School

<input checked="" type="checkbox"/> Specific	<input checked="" type="checkbox"/> Measurable	<input checked="" type="checkbox"/> Achievable & Actionable	<input checked="" type="checkbox"/> Relevant	<input checked="" type="checkbox"/> Time-oriented
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Cambridge Middle School
 Central Elementary School
 North Elementary School
 South Elementary School
 Meadowbrook High School
 Meadowbrook Middle School
 Brook Intermediate School
 Byesville Elementary School
 Secrest Elementary School
 Buckeye Trail High/Middle School
 Buckeye Trail Elementary School
 Pike Elementary School
 St. Benedict School
 Buffalo Campus
 Foxfire School
 Mid East Career and Technology Center

Media

The Daily Jeffersonian
 Your Radio Place.com (KC105, 96FM, 97.7 FM, 93BNV)
 WHIZ Media Group
 Zanesville Times Recorder
 WTOV 9 - TV
 WTRF - TV

Government

Guernsey County Soil & Water
 Guernsey County Veterans Services
 Guernsey County Engineer
 Guernsey County Auto Title
 Guernsey County Juvenile Court
 Guernsey County Adult Probation Department
 Guernsey County Highway Department
 Cambridge Municipal Court
 Guernsey County Commissioners
 Guernsey County Auditor
 Board of Elections
 Guernsey County Treasurer
 Probate Court
 Recorder

Law Enforcement

Guernsey Co. Sheriff's Office
 Cambridge Police Department
 Ohio State Highway Patrol -Cambridge Patrol Post
 Cambridge Fire - EMS Department

S.M.A.R.T. Objectives

- Specific**
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Kimbolton Fire-EMS Department
Senecaville Fire- EMS Department
Byesville Fire - EMS Department
Cumberland Fire - EMS Department
Fairview Fire - EMS Department
Old Washington Fire - EMS Department
Pleasant City Fire - EMS Department
Quaker City Fire -EMS Department
Lore City Fire - EMS Department

Arts & Culture

Eoag Art Center
Guernsey County Library
Crossroads Library

CHA PRIORITIZATION PARTICIPANTS

Rose Ball	Cambridge-Guernsey County Health Department
Sharon Bean	Guernsey County United Way
Brooke Campbell	Area Agency on Aging, Region 9
Edward Colby	Cambridge-Guernsey County Health Department
Matt Costello	Guernsey County Board of Developmental Disabilities
Olivia Cunningham	MU Health Centers
Stephanie Danford	Noble Family Violence Council
Angie Feldner	Noble County Health Department
Allen Fraley	Noble County Chamber of Commerce & Tourism Bureau
Skip Gardner	Guernsey County Community Member
Angie Gray	Cambridge-Guernsey County Health Department
Herman Gray	Workforce Development Board, Area 15 Chair
Vickie Hare	Mental Health & Recovery Services
Samantha Hesson	Noble County Health Department
Kathy Jamiel	Guernsey County Department of Job and Family Services
Mark Johnson	Noble County Health Department
Mindy Lowe	Noble County Department of Job and Family Services
Amy Murphy	Noble County Health Department
Diane Phillips	Area Agency on Aging, Region 9
Shawn Ray	Noble County Health Department
Shari Rayner	Noble County Health Department
Gary Ricer	Guernsey Monroe Noble Tri-county CAC, Inc.
Randy Shepard	Cambridge-Guernsey County Health Department
Jim Stall	United Ambulance
Tammy Stillion	Allwell
Shelly Thompson	Southeastern Ohio Regional Medical Center
Mikaela Van Wey	Cambridge-Guernsey County Health Department
Tim Welch	Guernsey County Juvenile Court
Judy Wiesand	Noble County Family & Children First Council
Jolele Williamson	Noble County Health Department
Stephanie Pfalzgraf	Guernsey County Senior Citizens Center

MENTAL HEALTH WORK GROUP

Rose Ball	Cambridge-Guernsey County Health Department
Edward Colby	Cambridge-Guernsey County Health Department
Holly Gadd	Area Agency on Aging, Region 9
Rainey Oliver	Allwell
Randy Shepard	Cambridge-Guernsey County Health Department
Mikaela Van Wey	Cambridge-Guernsey County Health Department

DRUG DEPENDENCY/ABUSE WORKGROUP

Rose Ball	Cambridge-Guernsey County Health Department
Roger Birch	Mental Health and Recovery Services Board
Sharon Cassler	City of Cambridge
Janie Downard	Guernsey County Senior Citizens Center
Kathy Fetzer, RN	Southeastern Ohio Regional Medical Center
Angie Gray, RN	Cambridge-Guernsey County Health Department
Vickie Hare	Mental Health and Recovery Services Board
Datha Keyser, RN	Southeastern Ohio Regional Medical Center
Marilyn Moorehead, RN	Guernsey County Community Member
Stephanie Pfalzgraf	Guernsey County Senior Citizens Center
Tracy Taylor, RN	East Guernsey Local School District
Karen Wiggins	Alcohol & Drug Services of Guernsey County

CHRONIC DISEASE WORKGROUP

Jeff Arnold	Area Agency on Aging, Region 9
Rose Ball	Cambridge-Guernsey County Health Department
Brooke Campbell	Area Agency on Aging, Region 9
Matt Costello	Guernsey County Board of Developmental Disabilities
Kathy Fetzer	Southeastern Ohio Regional Medical Center
Kathy Jamiel	Guernsey County Department of Job and Family Services
Stephanie Laube	Guernsey County United Way
Annie Lehner	Southeastern Ohio Regional Medical Center
Kylee Quinn	Guernsey County Senior Citizens Center
Michele Thompson	Cambridge-Guernsey County Health Department
Shelly Thompson	Southeastern Ohio Regional Medical Center