

*Healthy Moms,
Healthy Babies
promotes a safe
and healthy
pregnancy for
mother and baby
while ensuring
families receive
care and support
throughout their
recovery.*



*Call to schedule an appointment or
to make a referral:
Jennifer Van Fleet,
Counselor-Prevention Specialist
740-439-3577 ext. 7241*



Hours

*Monday through Friday:
8:00 A.M. — 4:30 P.M.
Fax: 740-432-7463*

Website:

guernseycountyhealthdepartment.org



*Healthy Moms,
Healthy Babies*

740-439-3577



*Cambridge-Guernsey County
Health Department
326 Highland Ave,
Cambridge, Ohio 43725*

What is Healthy Moms, Healthy Babies?

Healthy Moms, Healthy Babies Program can help link pregnant women or women who have recently delivered in the last 12 months with resources to support the health and safety of mom and baby in all aspects of recovery.

Our Goal:

Healthy Moms, Healthy Babies is committed to providing a confidential environment in which patients can seek education, referrals and support. Patients are treated with dignity and respect throughout their recovery. Healthy Moms, Healthy Babies promotes resilience while utilizing person first language across our continuum of care for substance use disorders.

Trauma Informed Services and Education:

- *Case Management and Assessment*
- *Substance Dependency and Prevention Supports*
- *Cribs for Kids Program and Safe Sleep*
- *Infant Bonding Techniques*
- *Reproductive Health and Birth Control*
- *Neonatal Abstinence Syndrome*
- *Stages of Pregnancy*
- *Breastfeeding and Postpartum Challenges*
- *Infant CPR Training Assistance*
- *Infant Care Items*
- *Infant Massage*
- *Community Presentations*
- *Support Attending Medical Appointments and Court Hearings*
- *Parenting Skills*

Information and Referrals To:

- *Treatment*
- *Medical Care*
- *Residential Treatment*
- *Employment*
- *Education*
- *Social Services*
- *Housing*
- *Relapse Prevention*
- *Detox Facilities*
- *Drug Overdose Education and Naloxone Program*
- *Infant Development and Learning Resources*



** All services are confidential and free of charge to Guernsey and Noble County.*