

# Novel Coronavirus



Department  
of Health

## What is Novel Coronavirus COVID-2019?

Novel coronavirus (COVID-2019) is a virus strain, identified as the cause of an outbreak of respiratory illness first detected in Wuhan, Hubei Province, China. Coronaviruses are a large family of viruses, some causing illness in people and others that circulate among animals, including camels, cats, and bats. Rarely, animal coronaviruses can evolve and infect people and then spread, such as was seen with Middle East respiratory syndrome (MERS) in 2014 and severe acute respiratory syndrome (SARS) in 2003 and is now being seen with COVID-2019.

## Why the concern?

COVID-2019 has only been identified in humans since December 2019. Health experts are still learning its characteristics. They are concerned because it has the potential to cause severe respiratory illness in some people and, because it is new and not predictable like the flu. There is no vaccine to prevent COVID-2019 and no specific antiviral treatment.

## What is the source of COVID-2019?

COVID-2019 likely came from an animal because the first cases were linked to a large seafood and animal market, suggesting a possible zoonotic origin to the outbreak. However, more information is needed to figure out the possible role that animals play in transmission of COVID-2019.

## How does COVID-2019 spread and what are the symptoms?

The novel coronavirus is primarily spread through respiratory droplets, which means to become infected, people generally must be within 6 feet of someone who is contagious and come into contact with these droplets. Symptoms of COVID-2019 appear within two to 14 days after exposure and include fever, cough, and difficulty breathing. Reported cases have ranged from mild illness (similar to a common cold) to severe pneumonia that requires hospitalization.

## How can I prevent it?

Currently, there are no vaccines available to prevent COVID-2019 infections. The [Centers for Disease Control and Prevention](#) (CDC) recommends typical infectious disease precautions, just as those used to prevent cold or flu:

- Wash your hands often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer if soap and water are not available.
- Avoid touching your mouth, nose, or eyes.
- Cover coughs/sneezes with your arm or a tissue.
- Avoid exposure to others who are sick.

- Stay home you are ill (except to visit a health care professional) and avoid close contact with others.
- Get adequate sleep and eat well-balanced meals to ensure a healthy immune system.
- Clean and disinfect frequently touched objects and surfaces.

The CDC does not routinely recommend the use of face masks by the general public to prevent respiratory illness and is not recommending their use at this time for the prevention of COVID-2019.

### **How high is my risk of catching COVID-2019?**

At this time, the virus is not spreading in U.S. communities, and **the CDC considers risk to the general public low**. While novel coronavirus is of serious concern, the greater risk is for people who have recently traveled to China or their close contacts. It is far more likely that Ohioans will contract flu than COVID-19. The CDC estimates that there have been between 12,000 and 30,000 U.S. deaths from flu this season. **There have been no confirmed deaths in the U.S. due to COVID-19**. A flu shot is recommended for Ohioans 6-months-old and older who have not yet received one this season; however, the flu vaccine does not protect against COVID-19.

### **Have there been cases of COVID-2019 in the United States?**

The CDC has confirmed a handful of COVID-2019 cases in the U.S. For current numbers and a map of states with confirmed COVID-2019 cases, please visit the CDC website [here](#).

### **What about Ohio?**

**There are no confirmed cases in Ohio**. For current numbers on people tested for the virus here, please visit the Ohio Department of Health (ODH) main coronavirus webpage at [www.odh.ohio.gov/coronavirus](http://www.odh.ohio.gov/coronavirus). ODH, in coordination with the CDC and local partners, is closely monitoring the outbreak caused by COVID-2019. ODH has issued health alerts, and Amy Acton, MD, MPH, Director of ODH, has declared COVID-2019 a Class A reportable infectious disease, meaning any possible case must be reported immediately to a local health district, which will report it to ODH. It will then be reported to the CDC, where laboratory testing for the virus can take place. ODH, with local health departments and health care providers, actively works 24/7 to monitor, prevent, and control all infectious diseases.

### **Where have there been confirmed cases of COVID-2019 globally?**

For an updated list of countries reporting confirmed COVID-2019 cases, please visit the CDC website [here](#).

### **How is COVID-2019 treated?**

There are no medications specifically approved for COVID-2019. Most people with mild coronavirus illnesses will recover on their own by drinking plenty of fluids, resting, and taking pain and fever medications. However, some people develop pneumonia and require medical care or hospitalization.

### **What if I recently traveled to China?**

If you have been in mainland China anytime in the previous 14 days, you should:

- Remain at home or in a comparable setting for 14 days after your arrival to the U.S.
- Monitor yourself for fever and remain alert for cough or difficulty breathing.
- If you develop symptoms, seek advice by telephone from a health care provider or your local health

department to determine whether medical evaluation is needed.

### **What if I recently had contact with a person under investigation for or confirmed to have COVID-2019?**

CDC guidelines for people with possible or confirmed cases of COVID-2019 and people in close contact with them can be found [here](#).

### **Can I still travel to China or countries where COVID-2019 cases have occurred?**

The U.S. State Department has issued a [Level 4 Travel Advisory](#), recommending against travel to China. The CDC recommends avoiding all nonessential travel to the country. If you are traveling overseas (to China but also to other places), follow the CDC's traveler's health guidance [here](#).

### **What is happening at U.S. airports?**

Details about what to expect at the airport for travelers arriving to the U.S. from China can be found [here](#). As of Sunday, February 2, 2020, all flights and travelers from China are being routed to 11 airports, none in Ohio.

U.S. citizens returning to the U.S. who have been in Hubei Province in the previous two weeks are subject to screening and up to 14 days of mandatory quarantine. U.S. citizens returning to the United States who have been to other parts of mainland China within the previous two weeks are subject to screening and up to 14 days of monitored self-quarantine.

Foreign citizens who have been to China in the previous two weeks are being denied entry to the U.S., with the exception of immediate family members of U.S. citizens, permanent residents, and flight crews.