



# GUERNSEY COUNTY

## Community Health Improvement Plan

July 2021



**ILLUMINOLOGY**



**THE OHIO STATE UNIVERSITY**  
COLLEGE OF PUBLIC HEALTH

In September 2019, the Cambridge-Guernsey County Health Department in Guernsey County, Ohio entered into an agreement with Illuminology and The Ohio State University's Center for Public Health Practice to develop a regional Community Health Improvement Plan (CHIP).

Before developing this CHIP, the Cambridge-Guernsey County Health Department participated in a collaborative effort to conduct a Community Health Assessment (CHA). This CHA was intended to help community stakeholders better understand the health needs and priorities of those who reside in Guernsey County. The final report of that effort can be accessed via the Cambridge-Guernsey County Health Department website.

Public health professionals from the Cambridge-Guernsey County Health Department, along with leaders representing a diverse array of social service and community organizations, participated in large and small group discussions on August 13, 2019. This session was held on the Zoom videoconferencing platform, to enable socially distanced conversation during the COVID-19 pandemic. During this session, community members worked in small groups to review the recently completed CHA and identified the most important health issues facing residents in Guernsey County.

These potential priority health issues were then incorporated into an online survey that was distributed to community members in late August 2020; survey participants were asked to identify the top five health issues from the list, after first considering the role played by social determinants of health and health inequities. After tabulating the responses, there was clear consensus that the following should be considered priority health needs:

**Drug addiction**  
**Chronic disease (i.e., obesity, heart disease)**  
**Mental health (i.e., depression)**

Noted that these three issues are highly similar to those identified in the previous (2017) CHIP, which suggests these priority health needs remain as important ones in the community. Many community members also identified the following social determinant of health as a cross-cutting factor:

**Poverty**

These community members then pledged to work together to develop a strategic plan - this CHIP - to address these prioritized community health needs.

Another important task that was part of this effort involved the identification of a shared definition, or vision, for a healthy Guernsey County. After robust discussion of the vision of health identified during the previous CHIP process, consensus was reached. Guernsey County's vision of health is:

**Guernsey County: A safe and healthy place to live, work, play, and call home.**

The community members involved in this process then split into three work groups to begin drafting health improvement plans for each health priority, following a systematic process that was informed by Public Health Accreditation Board Standard 5.2. The plans drafted by each group detail the specific goals, objectives, and measures that will be used to address the community health priorities and track progress over time. The three work plan groups considered several overarching principles during their discussions and writing: The Health Impact Pyramid, the concepts of evidence based public health practice, social determinants of health, and priority alignment with Ohio's 2020-2022 State Health Improvement Plan.

Guernsey County's 2021-2023 Community Health Improvement Plan identifies health priorities, goals, objectives, and action steps that the community will use to develop and implement projects, programs, and policies to improve the health of its residents.

Implementation of the CHIP will begin in mid-2021. On an annual basis, Guernsey County will publish a report outlining progress made towards accomplishing the goals outlined in the work plan and reconvene community partners to discuss progress and necessary revisions. The original group of community partners, along with additional community members, will be invited to provide ongoing guidance and support throughout the implementation of this CHIP and any revisions that may be necessary; the composition of this group will be expanded and maintained as this work progresses. The CHIP is scheduled to be implemented over a three-year period.

For the reader’s convenience, a brief table of contents is presented below.

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The Cambridge-Guernsey County Health Department is pleased to present the 2021-2023 Guernsey County Community Health Improvement Plan. This document presents a roadmap to maintain and improve the health and well-being of Guernsey County residents. The plan is the result of collaboration and work of community members, local and regional stakeholders, health department staff and external consultants.

The goals of the Community Health Improvement Plan arose from the Community Health Assessment, which was also a collaborative community effort. The health improvement goals described in this document are aligned with the State of Ohio's goals. The target timeline for meeting the goals described here is three years, with yearly review and assessment.

The 2021-2023 Guernsey County Community Health Improvement Plan describes our goals to improve the community's health, which will lead to Guernsey County becoming a safer and healthier place to live, work, play, and call home. This county is fortunate to have many agencies and residents who have committed to improve the health of residents of the area.

Thank you to all who participated in this effort, including the dedicated and knowledgeable staff of the Cambridge-Guernsey County Health Department.

The work goes on.

Rose Ball  
Administrator, Cambridge-Guernsey County Health Department

In the summer of 2020, the Cambridge-Guernsey County Health Department (GCHD) published a comprehensive assessment of the health of its residents. The 2020 Guernsey County Community Health Assessment (CHA) considered a wide range of information, including disease rates, quality of life issues, causes of death, community resources, and self-reported health status to paint a picture of the health of Guernsey County residents. Residents and partners can access the most recent CHA by clicking the following link: <https://www.guernseycountyhealthdepartment.org/wp-content/uploads/2021/06/Guernsey-County-2020-Report.pdf>.

Following the completion of the 2020 Guernsey County CHA, the GCHD embarked on a comprehensive strategic planning process focused on improving the health of the community. This began with a review and identification of priority health needs (considering the 2020 CHA data), was followed by a review and discussion of a vision of health for Guernsey County, and finished with the creation of a Community Health Improvement Plan (CHIP) for addressing those priorities. The CHIP is comprehensive and long term, detailing action steps that will be used by community organizations (including the GCHD) as they implement projects, programs, and policies in Guernsey County.

This report provides a description of the process used to engage the community and stakeholders in the development of the CHIP. Following the process summary, there is a section for each identified priority, listing the goals, key measures, an overview of the objectives selected for each health priority, and information to demonstrate the significance of this priority. A work plan that includes more detailed objectives, action steps, and evidence-based strategies for each priority is available in Appendix A. This report concludes with a brief discussion of next steps relative to implementation, ongoing monitoring, and evaluation of the CHIP.

The GCHD was responsible for providing oversight and financial support for the CHIP development process. The GCHD contracted with Illuminology and The Ohio State University's Center for Public Health Practice to design the CHIP process, to facilitate multiple group meetings, to provide technical counsel, and to draft this document.



Figure 1: CHIP Timeline

### **Identifying The Community's Priority Health Needs**

On August 13, 2020, community members representing a diverse array of public health, public safety, hospital, healthcare providers, social service, political, and community organizations came together (virtually, on a facilitated Zoom call with breakout sessions) to review data from the 2020 CHA. In addition to reviewing the 2020 CHA report, which included a list of community assets and resources, participants also considered their personal experience and history with the community before identifying priority health issues.

Illuminology researchers helped to facilitate large- and small-group discussions during this meeting. To aid community members during their deliberations and discussion, the following criteria were shared for their consideration:

- **Equity:** Degree to which specific groups are affected by a health issue.
- **Size:** Number of persons affected, taking into account variance from benchmark data and targets.
- **Seriousness:** Degree to which the health issue leads to death, disability, and impairs one's quality of life.
- **Feasibility:** Ability of organization or individuals to reasonably combat the health issue given available resources. Related to the amount of control and knowledge (influence) organization(s) have on the issue.
- **Severity of the Consequences of Inaction:** Risks associated with exacerbation of the health issue if not addressed at the earliest opportunity.
- **Trends:** Whether or not the health issue is getting better or worse in the community over time.
- **Intervention:** Any existing multi-level public health strategies proven to be effective in addressing the health issue.
- **Value:** The importance of the health issue to the community.
- **Social Determinant / Root Cause:** Whether or not the health issue is a root cause or social determinant of health that impacts one or more health issues.

Ultimately, the August 13<sup>th</sup> meeting described above led to the identification of 23 priority health issues that affect the health of Guernsey County residents. These were:

- Lack of physical health care specialists
- Lack of mental health care specialists (chemical dependency counselors, psychiatrists, and psychologists)
- Lack of telehealth for those with no wifi (especially the elderly and those in rural areas)
- Lack of higher education/employment opportunities in the County
- Lack of employment offering good pay and benefits in the County
- Housing costs are high compared to annual income in the County
- Neighborhoods seem less safe and supportive

- Traumatic experiences (contribute to poor health outcomes)
- Poverty (contributes to poor health outcomes)
- Challenges accessing healthy, nutritious foods
- Lack of healthy activities in the County
- Obesity
- Binge drinking
- Smoking/tobacco use
- Drug addiction
- Chlamydia (especially among young adults)
- Depression (mental health)
- Anxiety (mental health)
- Alzheimer's Disease / Dementia
- Heart disease (caused by smoking, poor diet/exercise, high blood pressure)
- Lung/bronchus cancer (caused by smoking, other factors)
- Maternal smoking (while pregnant)
- Preterm births (caused by low birth weight infants, other factors)

On August 19, 2020, an online survey was shared with approximately 40 community members who either participated in the August 13<sup>th</sup> meeting or had expressed interest in participating in this process. These community members reflected a diverse array of public health, public safety, hospital, social service, political, and community organizations.

This prioritization survey was structured as follows. First, it provided an orientation to the purpose and intent of the effort. It presented an array of criteria that respondents should use when identifying priority health needs (e.g., the list of nine factors presented on the previous page). Overall, each participant in this prioritization process directly considered the role played by social determinants of health and health inequities.

The survey questionnaire then instructed respondents to identify a maximum of five (5) most important health issues affecting Guernsey County residents.<sup>1</sup> Overall, 23 Guernsey County community members completed this survey. After tabulating the responses, there was clear consensus that the following should be considered priority health needs:

**Drug addiction**  
**Chronic disease (i.e., obesity, heart disease)**  
**Mental health (i.e., depression)**

Many community members also identified the following social determinant of health as a cross-cutting factor that should also be considered:

**Poverty**

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<sup>1</sup> To control for potential "order effects" (e.g., a phenomenon in which items presented first or last in a survey questionnaire are more likely to be selected), the list of issues shown to each respondent was displayed in one of two different orders.



As shown in Figure 2, the priority health needs identified by the Guernsey County community align well with both state and national priorities.

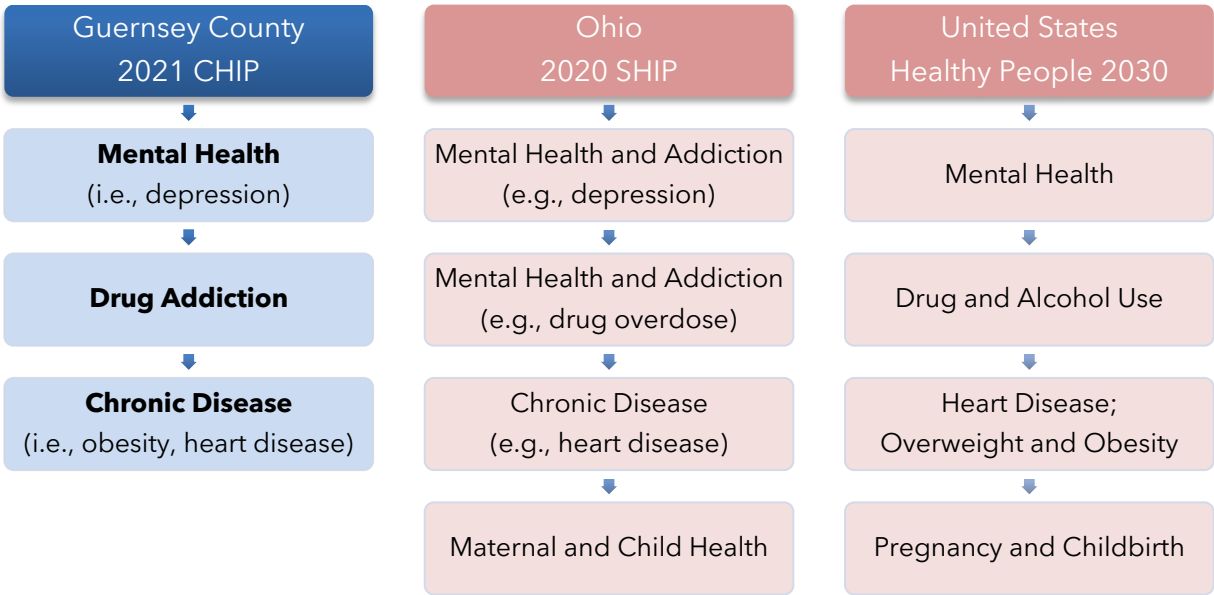


Figure 2: Guernsey County CHIP, Ohio SHIP, And National Priority Alignment

Appendix B presents a list of community assets and resources that was developed during the 2020 CHA and Appendix C presents a list of community members who participated in this strategic planning process.

**Defining Health And A Healthy Community**

In September 2020, Cambridge-Guernsey County Health Department convened a group of community members (i.e., the CHIP planning group) to begin drafting work plans to focus on the prioritized health needs of Mental Health (depression), Drug Addiction, and Chronic Disease (obesity; heart disease). These community members represented multiple nonprofit and public sector organizations across a variety of community sectors in Guernsey County.

This participatory process began with discussion about the community’s definition or vision of health - an articulation of the ideal future state of health in Guernsey County. After robust discussion of the vision of health identified during the previous CHIP process, consensus was reached. The vision of health for Guernsey County is:

**Guernsey County: A safe and healthy place to live, work, play, and call home.**

This definition of health was regularly consulted throughout the CHIP development process. For example, it was discussed at length during the initial meeting of work groups.

Subsequent work group meetings would typically begin by verbally stating this vision of health as a reminder for all participants.

### **Creating The Community Health Improvement Plan**

Following the visioning process, the CHIP planning group began their efforts to create the work plans that comprise the main portion of the CHIP. The planning group considered the priorities and needs of residents in the community in order to identify goals, key measures, objectives, action steps, time frames, and accountable persons related to each priority area. The product of these meetings was a work plan for each of three prioritized health issues; these work plans define the actions of this CHIP. Detailed work plans can be found in Appendix A.

When drafting their work plans, the work groups were asked to consider the Health Impact Pyramid and the importance of including evidence based public health practices.

The Health Impact Pyramid describes the effectiveness of different types of public health interventions. Interventions focusing on socioeconomic factors, at the base of the pyramid, have the greatest potential to improve health. Although interventions at the higher levels have less of an impact on health, the likelihood of long-term success is maximized when strategies are implemented at all intervention levels (Frieden, 2010). Policy, system, and environmental (PSE) changes are those that create sustainable change, impacting things like regulations and procedures, the rules of an organization, and the physical environment. PSE changes focus on the broadest sections of the Health Impact Pyramid. Furthermore, social determinants of health (especially those related to poverty) were considered as goals, objectives, policies, and actions were created and discussed.

Evidence based public health practices (EBPHPs) are tested programs, policies, and interventions that are proven to be most effective in successfully changing behavior. To ensure workgroup members considered these types of practices when developing this CHIP, relevant evidence-informed strategies from Ohio's 2020-2022 SHIP were shared with workgroup members for their consideration.

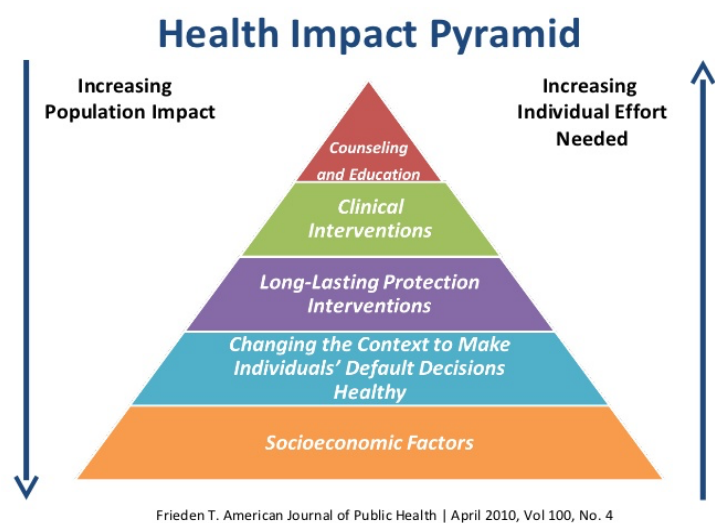


Figure 3: Health Impact Pyramid

Each work group completed a “fishbone” root-cause analysis activity, during which they identified potential policies, environmental factors, systemic factors, and resource availability issues that function as root causes leading to each prioritized health need.

Lastly, the work group members were asked to consider the following three questions, which helped to identify the size and shape of the strategic action(s) that may be required to move the community’s health closer to their vision for a healthy Guernsey County - a gap analysis.

For each identified health priority:

- 1) Where are we now as a community?
- 2) Where do we want to be as a community?
- 3) What are potential ways we could *possibly* measure whether or not we have made a difference?

**Drug Addiction**

The 2020 Guernsey County Community Health Assessment found almost half of respondents personally know someone in their community who has a drug abuse or addiction problem with heroin, methamphetamines, or prescription pain medicine; nearly half of Guernsey County respondents perceive drug and alcohol abuse as the most important health issue facing the county. In 2019, 10 Guernsey County residents lost their lives due to unintentional drug overdose. This trend appears to continue, as three fatal overdoses were reported in February, 2021 alone.

Anecdotally, there are restricted opportunities for healthy recreation for youths in Guernsey County. According to the Department of Justice, "After-school hours are high-risk periods for alcohol and illicit drug use... Targeted programs during these vulnerable hours can help prevent, reduce, or delay the onset of alcohol, tobacco, and other drug use" among other benefits. Additionally, research has suggested that travel to treatment is a key predictor of finishing treatment and successfully maintaining drug abstinence, such that people who are in treatment programs that are closer to home or in neighborhoods more similar to their own are more likely to experience success.

This CHIP seeks to decrease the number of Guernsey County residents who are drug dependent, primarily by keeping children and teens from turning to drugs, and better coordinating service providers and referral sources, with a focus on those treatment services available inside Guernsey County.

**Goals:** Increase opportunities for safe, healthy recreation for teens and children in Guernsey County as a way to encourage healthy choices and discourage drug use. Increase coordination amongst substance abuse treatment providers and those who refer residents with substance abuse problems to ensure that Guernsey County residents are able to access services that are the best fit for them and that capacity within Guernsey County is efficiently utilized.

**Key measures:** Number of youth who access recreation through the formation of transportation programs, amount of grant funding secured to support this work, number of youth who participate in mentorship programs. Number of resource guides distributed, number of people who attend workgroup meetings, number of Guernsey County residents who have to be referred outside of the county for treatment.

**Objectives:**

- Convene a meeting of local stakeholders to identify recreation opportunities and barriers to participation.
- Explore ways to solve transportation barriers to outdoor recreation.
- Explore ways to increase mentorship opportunities.
- Increase coordination amongst behavioral health care providers and with referral sources.

- Build on past success of CHOICES' work to create a resource guide.

### **Chronic Disease (Obesity; Heart Disease)**

In the 2020 CHA, heart disease was the leading cause of mortality and 45% of respondents were obese. When answering the open-ended question "In your opinion, what is the most important health issue affecting the people who live in Guernsey County?", the third most common response related to obesity, poor diet, or lack of exercise. During the prioritization meeting on August 13th, heart disease was identified as the most important health issue affecting Guernsey County residents in the realm of overall health, with diet and exercise identified as contributing factors.

Eating well and being physically active can reduce obesity and reduce the prevalence of heart disease. Any steps that the community can take to help residents eat better and be physically active should be considered as potential solutions for this priority.

**Goals:** Increase awareness of resources and events available in the community to improve diet and exercise and educate on heart health and obesity; have theme/program and Google doc that can be used across organizations to increase awareness. Ensure events and information are available to community to educate on heart health and obesity. Prevent increase in chronic disease in the form of heart disease and obesity.

**Key measures:** Theme and Google doc will be produced/available and used by organizations. Events promoted and participated in. Percent of adults ever diagnosed with coronary heart disease. Percent of residents who are obese.

### **Objectives:**

- Expand awareness by having a Google doc that organizations can access by May, 2021. Distribute monthly newsletter beginning in May 2021 and post events and information on Healthy Guernsey Facebook page beginning in June, 2021.
- Expand awareness by having a theme or program on the topic of nutrition, physical activity, heart health, and reducing obesity. Theme will be designed such that it can be extended to other topics. Theme name and marketing materials will be developed by December, 2021.
- Community events focused on heart health, obesity, nutrition, and physical activity will be promoted and participated in by CGCHD beginning in July, 2021.
- Ensure information is available in the community to educate on heart health and obesity beginning in July 2021.
- In 2023, the percent of Guernsey County adults ever diagnosed with coronary heart disease will have decreased or remained the same.
- In 2023, the percent of Guernsey County adults who are obese will have decreased or remained the same.

## **Mental Health (Depression)**

The 2020 Guernsey County Community Health Assessment found that about one in four respondents have been diagnosed with a depressive disorder and about one in five respondents have been diagnosed with an anxiety disorder. A little over a third of respondents experienced at least one poor mental health day within the 30 days leading up to the survey; those with lower socioeconomic status had more poor mental health days, suggesting a health inequity. And from 2015-2019, 32 residents died from suicide..

There is a need for increased access to mental health services across the lifespan and to improve the community's perception of mental health. Mental health is a state of well-being in which an individual realizes their abilities, cope positively with the stresses of life, and work productively while contributing to their community. Mental health encompasses a holistic view including the emotional, psychological, spiritual, social, and physical well-being. Therefore, this CHIP seeks to increase the accessibility, acceptability, and usage of mental health services among Guernsey County residents.

**Goals:** Guernsey County residents will have increased access to mental health services. Guernsey County residents will report improved mental health as a function of increased access to mental and behavioral health care services. Guernsey County will have access to more timely and more accurate mental health data, specifically with regard to its youth.

**Key measures:** Amount of mental health resources available to Guernsey County residents. Behaviors of Guernsey County health care providers. Percent of youth, ages 12-17, who experienced a major depressive episode (i.e., depression) within the past year (as measured by the National Survey on Drug Use and Health).

### **Objectives:**

- By June 30, 2021, identify community partner that is willing to hire at least one "community navigator." The community navigator will talk with county residents who have questions about mental health service options, performing an initial triage step from an information and referral perspective. The community navigator will determine what mental health service options may be most helpful to the resident and direct the resident to appropriate mental and behavioral health care services.
- By January 1, 2022, hire at least one "community navigator."
- By Oct 1, 2021, develop a better understanding of how mental health screening tools are used by physicians in private practice office settings and by Southeastern Med's ER.
- By Dec 2023, the percentage of Guernsey County residents who report experiencing at least 1 poor mental health days will decrease by 14%.
- By Dec 2023, the average number of poor mental health days reported by Guernsey County residents will decrease by 21%.

- By Dec 31, 2021, discuss possibility of a survey of Guernsey County youth regarding their mental and physical health with school district leaders.
- Conduct a survey of Guernsey County youth regarding their mental and physical health.

The 2020 Guernsey County Community Health Improvement Planning process aimed to identify the most pressing health issues in Guernsey County and bring stakeholders together to collaborate and create an actionable plan to address those issues. This plan presents priorities and associated goals and objectives to improve the health of Guernsey County. The detailed work plans that resulted from these collaborative efforts are located in Appendix A.

This plan will be monitored and updated annually to reflect accomplishments and new areas of need. Agencies and organizations are encouraged to align their agency strategic plans to this plan where appropriate.

Lastly, Guernsey County residents and community organizations are encouraged to participate in and comment on this process. If you or your organization is interested in participating in or commenting on the CHIP, please contact Rose Ball, Cambridge-Guernsey County Health Department, at 740-439-3577.



**Priority #1: Mental Health (depression)** The 2020 Guernsey County Community Health Assessment found that about one in four respondents have been diagnosed with a depressive disorder and about one in five respondents have been diagnosed with an anxiety disorder. A little over a third of respondents experienced at least one poor mental health day within the 30 days leading up to the survey; those with lower socioeconomic status had more poor mental health days, suggesting a health inequity. And from 2015-2019, 32 residents died from suicide.

There is a need for increased access to mental health services across the lifespan and to improve the community's perception of mental health. Mental health is a state of well-being in which an individual realizes their abilities, cope positively with the stresses of life, and work productively while contributing to their community. Mental health encompasses a holistic view including the emotional, psychological, spiritual, social, and physical well-being. Therefore, this CHIP seeks to increase the accessibility, acceptability, and usage of mental health services among Guernsey County residents.

**Goal 1.a:** Guernsey County residents will have increased access to mental health services. Guernsey County residents will report improved mental health as a function of increased access to mental and behavioral health care services.

**Key Measure(s):** Amount of mental health resources available to Guernsey County residents. Behaviors of Guernsey County health care providers.

**Alignment with National Priorities:** [Healthy People 2030](#)

**Alignment with SHIP:** Ohio's 2020-2022 SHIP identifies mental health and addiction as one of three health outcome priorities. Within this SHIP priority, there is a desired outcome to reduce depression.

**Consideration of social determinants of health or health inequities:** Work group members identified Objectives 1.a.1 and 1.a.2 as potentially providing significant benefits to not only Guernsey County residents at large, but especially those with a lower socioeconomic status who arguably are faced by greater challenges accessing mental health care resources; this health inequity was suggested by the 2020 CHA, which found that those with lower household incomes had more poor mental health days than those with greater household incomes.

Objective(s) that address **policy change(s)** needed to accomplish goal: Objective 1.a.2 will require multiple policies (e.g., board approval from Mental Health & Recovery Services Board (MHRS); board approval from the organization that will employ the community navigator; agreement between MHRS and the organization employing the community navigator). The ultimate effect of these policies is to provide for more equitable access to mental health services.

<b>Objectives/Impacts</b>	<b>Measure</b>	<b>Action Steps</b>	<b>Timeframe</b>	<b>Lead</b> [Person/agency responsible]	<b>Status</b>
<p>Objective 1.a.1: By June 30, 2021, identify community partner that is willing to hire at least one "community navigator."</p> <p>The community navigator will talk with county residents who have questions about mental health service options, performing an initial triage step from an information and referral perspective.</p> <p>The community navigator will determine what mental health service options may be most helpful to the resident and direct the resident to appropriate mental and behavioral health care services.</p>	<p>Baseline: 0 conversations on this topic Target: 3 conversations on this topic</p> <p>Baseline: 0 mental health community navigators identified Target: 1 mental health community navigators identified</p>	<p>Rose Ball will connect Misty Cromwell with Gina Woods at Southeastern Med (Gina Woods) and Mike Campbell at Muskingum Valley Health Centers.</p> <ul style="list-style-type: none"> <li>• Gauge their interest in this type of position.</li> <li>• Get their input about whether their organization is willing to employ this community navigator. It is Rose's and Misty's belief that this community navigator should be associated with a trusted community organization and independent of one of the major mental health agencies in the county, so as to reduce the likelihood of stigma preventing residents from using this resource. Also to be fair to existing direct service agencies (i.e., avoiding the appearance of improper referrals)</li> <li>• MHRS has funding to pay for a one-year pilot of this.</li> </ul>	<p>Start: ASAP End: Sept 30, 2021</p>	<p>Misty Cromwell (Mental Health &amp; Recovery Services Board, or MHRS) and Rose Ball (Cambridge-Guernsey County Health Department , or CGCHD)</p>	

<p>Objective 1.a.2: By January 1, 2022, hire at least one "community navigator."</p> <p>The community navigator will talk with county residents who have questions about mental health service options, performing an initial triage step from an information and referral perspective.</p> <p>The community navigator will determine what mental health service options may be most helpful to the resident and direct the resident to appropriate mental and behavioral health care services.</p>	<p>Baseline: 0 mental health community navigator employed in the county</p> <p>Target: 1 mental health community navigator employed in the county</p>	<ul style="list-style-type: none"> <li>FINALIZE FUNDING. MHRS has funding; what is needed is an organization that can employ the community navigator. The organization that employs the navigator will likely need approval from its board before signing an agreement with MHRS.</li> <li>SET JOB DESCRIPTION, IDENTIFY POTENTIAL CANDIDATES, HIRE. Community navigator should be engaging, outgoing, caring, persistent, intelligent, can build rapport. Will need to set up report back protocols with MHRS.</li> <li>PLAN REFERRAL / EDUCATION ACTIVITIES. Create a plan that determines how this navigator resource will be accessed by residents. Outreach to the general community, doctors and nurses (private practice and hospital settings), and case managers. CGCHD is happy to send referrals. Identify other community partners, trusted social service agencies, faith community, Rotary/ Kiwanis to help build</li> </ul>	<p>Start: After employing organization is identified. End: Aug 30, 2021</p> <p>Start: After funding agreement is finalized. End: Dec 30, 2021</p> <p>Start: After funding agreement is finalized. End: Sept 30, 2021</p>	<p>Misty Cromwell (MHRS)</p> <p>After identifying the organization that will employ the navigator, Misty Cromwell (MHRS) &amp; Rose Ball (CGCHD) will contact five existing direct service providers that might already have a person on staff who could serve in this capacity. Misty Cromwell (MHRS) and her team will lead other elements of this work, with</p>	
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		up referral network via grassroots.		support from CGCHD	
Objective 1.a.3.: By Oct 1, 2021, develop a better understanding of how mental health screening tools are used by physicians in private practice office settings and by Southeastern Med's ER.	Baseline: 0 conversations with key informants on this topic Target: 4 conversations with key informants on this topic	Ask Southeastern Med (Gina or Amy West), MVHC (Mike Campbell), and Medical Associates (Pat Goggin) the following questions. <ul style="list-style-type: none"> <li>• What MH screening tools are they using currently?</li> <li>• When do they use these tools? For which patients or types of patient visits?</li> <li>• What do healthcare professionals do when a patient reports they may be having mental health issues?</li> <li>• Do these healthcare professionals ever refer to direct service agencies that provide mental or behavioral health care? What triggers a referral?</li> <li>• Are they aware of the SBIRT (Screening, Brief Intervention, and Referral to Treatment) tool? Have they used it? If yes, what was their experience using it?</li> </ul>	Start: June 1, 2021 End: Sept 30, 2021	Rose Ball (CGCHD), assisted by Misty Cromwell (MHRS)	

<p>Objective 1.a.4: By Dec 2023, the percentage of Guernsey County residents who report experiencing at least 1 poor mental health days will decrease by 14%.</p>	<p>Baseline: 37% (2020 CHA) Target: 32%</p>	<p>Hire an effective community navigator (see Goal 1.a.2).  Repeat Community Health Assessment to measure change over time.</p>	<p>Start: March 1, 2023 End: Dec 30, 2023</p>	<p>CGCHD Health Administrator</p>	
<p>Objective 1.a.5: By Dec 2023, the average number of poor mental health days reported by Guernsey County residents will decrease by 21%.</p>	<p>Baseline: 4.2 days (2020 CHA) Target: 3.3 days</p>	<p>Hire an effective community navigator (see Goal 1.a.2).  Repeat Community Health Assessment to measure change over time.</p>	<p>Start: March 1, 2023 End: Dec 30, 2023</p>	<p>CGCHD Health Administrator</p>	

<b>Goal 1.b:</b> Guernsey County will have access to more timely and more accurate mental health data, specifically with regard to its youth.
<b>Key Measure(s):</b> Percent of youth, ages 12-17, who experienced a major depressive episode (i.e., depression) within the past year (as measured by the National Survey on Drug Use and Health)
<b>Alignment with National Priorities:</b> <a href="#">Healthy People 2030</a>
<b>Alignment with SHIP:</b> Ohio's 2020-2022 SHIP identifies <u>mental health and addiction</u> as one of three health outcome priorities. Within this SHIP priority, there is a desired outcome to reduce depression among youth (MHA1).
<b>Consideration of social determinants of health or health inequities:</b> --
Objective(s) that address <b>policy change(s)</b> needed to accomplish goal: Objective 1.b.2 will require multiple policies (e.g., school district approvals; board approvals from and funding agreements with Cambridge-Guernsey County Health Department)

Objectives/Impacts	Measure	Action Steps	Timeframe	Lead [Person/agency responsible]	Status
<p>Objective 1.b.1: By Dec 31, 2021, discuss possibility of a survey of Guernsey County youth regarding their mental and physical health with school district leaders.</p>	<p>Baseline: 0 briefing document to inform school districts about this effort and to enlist their help Target: 1 briefing document to inform school districts about this effort and to enlist their help</p> <p>Baseline: 0 conversations with school district leaders on this topic Target: 4 conversations with school district leaders on this topic</p>	<ul style="list-style-type: none"> <li>• BUILD A CASE. 1) Why the community needs this information. 2) The action steps the community and schools can take afterwards. 3) The benefits to participating schools. 4) Data will not be released that allows estimates to be made about youth enrolled in participating school districts. Social workers in schools already could help facilitate this.</li> <li>• FUNDING. Rose Ball thinks the Board of Health &amp; MHRS will be able to fund this effort (i.e., no cost to participating school districts).</li> <li>• DISCUSS. Have conversations with school district superintendents. Ask CGCHD Board and MHRS Board members to help facilitate this.</li> </ul>	<p>Building a case... Start: June 1, 2021 End: Aug 1, 2021</p> <p>Discussions... Start: Sept 1, 2021 End: Dec 30, 2021</p>	<p>Karen Wiggins (Guernsey Health Choices), Maggi Ault (Allwell) and Rose Ball (CGCHD)</p> <p>Misty Cromwell (MHRS) and Rose Ball (CGCHD)</p>	

<b>Objectives/Impacts</b>	<b>Measure</b>	<b>Action Steps</b>	<b>Timeframe</b>	<b>Lead</b> [Person/agency responsible]	<b>Status</b>
Objective 1.b.2: Conduct a survey of Guernsey County youth regarding their mental and physical health.	Baseline: no recent survey (past 5 years) has measured these constructs Target: 1 survey	<ul style="list-style-type: none"> <li>This objective is dependent on a majority of school districts in the county agreeing to participate in this effort. This objective will be updated by Dec 30 2021 as more information about school district leaders' intentions are known.</li> </ul>	Start: TBD 2022 End: TBD 2022	TBD	



**Priority #2: Drug Dependency/Abuse** The 2020 Guernsey County Community Health Assessment found almost half of respondents personally know someone in their community who has a drug abuse or addiction problem with heroin, methamphetamines, or prescription pain medicine; nearly half of Guernsey County respondents perceive drug and alcohol abuse as the most important health issue facing the county. In 2019, 10 Guernsey County residents lost their lives due to unintentional drug overdose. This trend appears to continue, as three fatal overdoses were reported in February 2021 alone.<sup>1</sup>

Anecdotally, there are restricted opportunities for healthy recreation for youths in Guernsey County. According to the Department of Justice, “After-school hours are high-risk periods for alcohol and illicit drug use... Targeted programs during these vulnerable hours can help prevent, reduce, or delay the onset of alcohol, tobacco, and other drug use” among other benefits.<sup>2</sup> Additionally, research has suggested that travel to treatment is a key predictor of finishing treatment and successfully maintaining drug abstinence, such that people who are in treatment programs that are closer to home or in neighborhoods more similar to their own are more likely to experience success.<sup>3</sup>

This CHIP seeks to decrease the number of Guernsey County residents who are drug dependent, primarily by keeping children and teens from turning to drugs, and better coordinating service providers and referral sources, with a focus on those treatment services available inside Guernsey County.

**Goal 2.a:** Increase opportunities for safe, healthy recreation for teens and children in Guernsey County as a way to encourage healthy choices and discourage drug use.

**Key Measure(s):** Number of youth who access recreation through the formation of transportation programs, amount of grant funding secured to support this work, number of youth who participate in mentorship programs.

**Alignment with National Priorities:** [Healthy People 2030](#), [Substance Abuse and Mental Health Services Administration](#)

<sup>1</sup> Stillion, R. (2021). Overdose incidents, deaths on the rise in Guernsey County. *The Daily Jeffersonian*, March 10, 2021 edition.

<sup>2</sup> Reno, J., Marcus, D., Leary, M. L., & Holder, E. H. (2000). Promising Strategies to Reduce Substance Abuse. US Department of Justice, Office of Justice Programs. Washington DC: US Department of Justice. Retrieved from US Department of Justice: <https://www.ncjrs.gov/pdffiles1/ojp/183152.pdf>.

<sup>3</sup> Mennis, J., Stahler, G. J., & Mason, M. J. (2016). Risky Substance Use Environments and Addiction: A New Frontier for Environmental Justice Research. *International Journal of Environmental Research and Public Health*, 13(6), 607. <https://doi.org/10.3390/ijerph13060607>; Brorson, H. H., Arnevik, E. A., Rand-Hendriksen, K., & Duckert, F. (2013). Drop-out from addiction treatment: a systematic review of risk factors. *Clinical Psychology Review*, 33(8), 1010-1024.

<b>Alignment with SHIP:</b> Mental health and addiction are one of three priority health outcomes identified in Ohio’s SHIP.					
<b>Consideration of social determinants of health or health inequities:</b> The work group discussed social isolation, poverty, and lack of prison re-entry programs as social factors that contribute to substance abuse and addiction. This is especially true for low SES residents who may have less access to healthy and safe recreational activities.					
Objective(s) that address <b>policy change(s)</b> needed to accomplish goal: --					
<b>Objectives/Impacts</b>	<b>Measure</b>	<b>Action Steps</b>	<b>Timeframe</b>	<b>Lead</b>	<b>Status</b>
Objective 2.a.1: Convene a meeting of local stakeholders to identify recreation opportunities and barriers to participation	Baseline: No meetings  Target: One meeting, with plans for future work	<ul style="list-style-type: none"> <li>Identify partners (to include at a minimum YMCA, Big Brothers / Big Sisters program, Deerasic, school systems)</li> <li>Set date for meeting</li> <li>Plan agenda for meeting</li> <li>Convene meeting, during which action steps should be identified.</li> </ul>	Start:7.1.21 End: 9.31.21	Angie Gray, RN DON Guernsey County HD	Not yet started
Objective 2.a.2: Explore ways to solve transportation barriers to outdoor recreation	Baseline: No exploration  Target: Hold virtual summit and draft workplan	<ul style="list-style-type: none"> <li>Identify partners (to include private and public recreation facilities, OSU extension office, private and public transportation providers, volunteer agencies)</li> <li>Brainstorm solutions through virtual meeting (could include seeking grant funding)</li> <li>Establish a work plan</li> </ul>	Start: 9.1.21 End: 12.31.21	Angie Gray, RN DON Guernsey County HD	Not yet started

<p>Objective 2.a.c: Explore ways to increase mentorship opportunities</p>	<p>Baseline: No formal mentorship programs</p> <p>Target: Plan for one formal mentorship program</p>	<ul style="list-style-type: none"> <li>• Identify partners (to include Lion’s Club, Chamber Young Leader’s Group, organizers of Lunch Buddies - past program)</li> <li>• Create a draft plan for a mentorship program</li> <li>• Explore grant funding.</li> </ul>	<p>Start: 7.1.21</p> <p>End: 12.31.21</p>	<p>Angie Gray,  RN DON  Guernsey  County HD</p>	
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<p><b>Goal 2.b:</b> Increase coordination amongst substance abuse treatment providers and those who refer residents with substance abuse problems to ensure that Guernsey County residents are able to access services that are the best fit for them and that capacity within Guernsey County is efficiently utilized.</p>					
<p><b>Key Measure(s):</b> Number of resource guides distributed, number of people who attend workgroup meetings, number of Guernsey County residents who have to be referred outside of the county for treatment.</p>					
<p><b>Alignment with National Priorities:</b> <a href="#">Healthy People 2030</a>, <a href="#">Substance Abuse and Mental Health Services Administration</a></p>					
<p><b>Alignment with SHIP:</b> Mental health and addiction are one of three priority health outcomes identified in Ohio’s SHIP.</p>					
<p>Objective(s) that address <b>policy change(s)</b> needed to accomplish goal: Objective 2.b2</p>					
Objectives/Impacts	Measure	Action Steps	Timeframe	Lead	Status
<p>Objective 2.b.1:                      Increase coordination amongst behavioral health care providers and with referral sources</p>	<p>Baseline: No work group that focuses on unmet needs for substance abuse treatment and prevention.</p> <p>Target: Formation of workgroup</p>	<ul style="list-style-type: none"> <li>Form work group to increase collaboration amongst professionals who assist Guernsey County residents who are addicted to a substance.</li> <li>Ensure that all appropriate organizations are represented by asking existing members for referrals until no potential new members are identified.</li> <li>Ongoing work group meetings to better understand the types and scope of services offered by different organizations.</li> <li>Explore ways to quantify unmet needs in Guernsey County.</li> <li>Draft at least one formal policy to establish referral and</li> </ul>	<p>Start: 7.1.21</p> <p>End: 12.30.21</p>	<p>Jennifer VanFleet,                      MHCM                      Guernsey County HD</p>	<p>Not yet started</p>

		cooperation amongst local agencies.			
Objective 2.b.2: Build on past success of CHOICES' work to create a resource guide.	Baseline: No formal commitment to meeting / update schedule  Target: Formal meeting policy with schedule	<ul style="list-style-type: none"> <li>• Work with CHOICES to establish quarterly meetings. These may be the same or different than meetings of the work group formed in Objective 2.b.1 depending on membership.</li> <li>• Explore ways to get a unified message to residents about where and how to find appropriate resources.</li> <li>• Create a formal policy for meeting and updating the resource manual.</li> </ul>	Start: 7.1.21  End: 12.30.21	Rose Ball, Admin. Guernsey County HD	Not yet started.

**Priority #3: Chronic Disease (especially obesity & heart disease)** In the 2020 CHA, heart disease was the leading cause of mortality and 45% of respondents were obese. When answering the open-ended question “In your opinion, what is the most important health issue affecting the people who live in Guernsey County?”, the third most common response related to obesity, poor diet, or lack of exercise. During the prioritization meeting on August 13<sup>th</sup>, heart disease was identified as the most important health issue affecting Guernsey County residents in the realm of overall health, with diet and exercise identified as contributing factors.

Eating well and being physically active can reduce obesity and reduce the prevalence of heart disease. Any steps that the community can take to help residents eat better and be physically active should be considered as potential solutions for this priority.

**Goal 3.a:** Increase awareness of resources and events available in the community to improve diet and exercise and educate on heart health and obesity; have theme/program and Google doc that can be used across organizations to increase awareness.

**Key Measure(s):** Theme and Google doc will be produced/available and used by organizations.

**Alignment with National Priorities:** [Healthy People 2030 \(reduce heart disease deaths; reduce the proportion of adults and children with obesity\)](#)

**Alignment with SHIP:** Chronic disease is one of the 3 SHIP priority health outcomes, and heart disease is one of the three specific chronic diseases identified. Health behaviors are one of the 3 SHIP priority factors, and nutrition and physical activity are two of the three specific health behaviors identified.

**Consideration of social determinants of health or health inequities:** Consideration of the effects of social determinants of health took two forms. First, Guernsey County’s 2020 CHA revealed that the likelihood of a variety of chronic diseases (e.g., coronary heart disease, diabetes, COPD) increased as household income decreased or as age increased. Second, work group members acknowledged that all individuals may not have equal access to information regarding how to prevent chronic disease. As such, communication channels that are likely to reach sub-populations such as children, older adults, and those with lower household incomes were considered and will be part of this effort.

Objective(s) that address **policy change(s)** needed to accomplish goal: Objective 3.a.2 may require board approval (e.g., funding of marketing materials or acquisition of an evidence-based health program).

Objectives/Impacts	Measure	Action Steps	Timeframe	Lead	Status
<p>Objective 3.a.1: Expand awareness by having a Google doc that organizations can access by May, 2021. Distribute monthly newsletter beginning in May 2021 and post events and information on Healthy Guernsey Facebook page beginning in June, 2021.</p>	<p>Baseline: No Google doc created.</p> <p>Target: Google doc created and used by local organizations.</p>	<ul style="list-style-type: none"> <li>• Create a Google Doc that lists events, programs, and information related to the theme/program.</li> <li>• Distribute monthly newsletter with information from Google Doc.</li> <li>• Incorporate information from Google Doc into Healthy Guernsey Facebook page.</li> <li>• (See Appendix A1 &amp; A2 for details)</li> </ul>	<p>Start: May 2021</p> <p>End: Ongoing</p>	<p>Michele Thompson (CGCHD) will create, maintain, and distribute the Google doc</p>	

<p>Objective 3.a.2: Expand awareness by having a theme or program on the topic of nutrition, physical activity, heart health, and reducing obesity. Theme will be designed such that it can be extended to other topics. Theme name and marketing materials will be developed by December, 2021.</p>	<p>Baseline: No theme/program created.</p> <p>Target: Theme/program name and marketing materials created.</p>	<ul style="list-style-type: none"> <li>• Create theme/program name and marketing materials (e.g., window clings).</li> <li>• Vocational students in graphic design will design materials (potentially as part of a contest).</li> <li>• (See Appendix A3 for details)</li> </ul>	<p>Start: May 2021</p> <p>End: December 2021 (materials designed)</p> <p>Ongoing (materials produced)</p>	<p>CGCHD will facilitate the design of the materials through the vocational school and produce the materials</p>	
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<b>Goal 3.b:</b> Ensure events and information are available to community to educate on heart health and obesity.					
<b>Key Measure(s):</b> Events promoted and participated in.					
<b>Alignment with National Priorities:</b> <a href="#">Healthy People 2030 (reduce heart disease deaths; reduce the proportion of adults and children with obesity)</a>					
<b>Alignment with SHIP:</b> Chronic disease is one of the 3 SHIP priority health outcomes, and heart disease is one of the three specific chronic diseases identified. Health behaviors are one of the 3 SHIP priority factors, and nutrition and physical activity are two of the three specific health behaviors identified.					
Objective(s) that address <b>policy change(s)</b> needed to accomplish goal: For participation in events, approvals from the Board/CGCHD may be needed					
Objectives/Impacts	Measure	Action Steps	Timeframe	Lead	Status

<p>Objective 3.b.1:                  Community events focused on heart health, obesity, nutrition, and physical activity will be promoted and participated in by CGCHD beginning in July, 2021.</p>	<p>Baseline: No events promoted.</p> <p>Target: CGCHD will promote at least four events per year and help with planning and/or executing at least two events per year (with at least one of these events being targeted to a special population (e.g., participants of a certain age group or with particular health diagnoses)).</p>	<ul style="list-style-type: none"> <li>• CGCHD will promote events occurring in the community through the monthly newsletter and Facebook.</li> <li>• CGCHD will help with planning and/or executing events.</li> </ul>	<p>Start: July 2021</p> <p>End: Ongoing</p>	<p>CGCHD</p>	
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<p>Objective 3.b.2: Ensure information is available in the community to educate on heart health and obesity beginning in July 2021.</p>	<p>Baseline: No topic-relevant ideas/facts posted on Healthy Guernsey Facebook page.</p> <p>Target: Two informational ideas/facts posted on Healthy Guernsey Facebook page (and any other available outlets) each quarter.</p>	<ul style="list-style-type: none"> <li>CGCHD will post the topic-relevant information that's posted on the WIC Facebook page on the Healthy Guernsey Facebook page as well.</li> </ul>	<p>Start: July 2021</p> <p>End: Ongoing</p>	<p>CGCHD</p>	
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<b>Goal 3.c:</b> Prevent increase in chronic disease in the form of heart disease and obesity.					
<b>Key Measure(s):</b> Percent of adults ever diagnosed with coronary heart disease. Percent of residents who are obese.					
<b>Alignment with National Priorities:</b> <a href="#">Healthy People 2030 (reduce heart disease deaths; reduce the proportion of adults and children with obesity)</a>					
<b>Alignment with SHIP:</b> Chronic disease is one of the 3 SHIP priority health outcomes, and heart disease is one of the three specific chronic diseases identified. Health behaviors are one of the 3 SHIP priority factors, and nutrition and physical activity are two of the three specific health behaviors identified.					
Objective(s) that address <b>policy change(s)</b> needed to accomplish goal: Board approvals and funding from the Cambridge-Guernsey County Health Department: --					
Objectives/Impacts	Measure	Action Steps	Timeframe	Lead	Status
Objective 3.c.1: In 2023, the percent of Guernsey County adults ever diagnosed with coronary heart disease will have decreased or remained the same.	Baseline: 8.2% Target: 8.2% (COVID-19 may have increased the risk factors associated with coronary heart disease; the baseline measure occurred around the start of the pandemic, so the target is to bring the percentage to the pre-pandemic level)	<ul style="list-style-type: none"> <li>Repeat Community Health Assessment to measure change over time.</li> </ul>	Start: March 2023  End: Dec. 2023	CGCHD Health Administrator	

<p>Objective 3.c.2: In 2023, the percent of Guernsey County adults who are obese will have decreased or remained the same.</p>	<p>Baseline: 45.0%                  Target: 45.0%                  (COVID-19 may have increased levels of obesity; the baseline measure occurred around the start of the pandemic, so the target is to bring the percentage to the pre-pandemic level)</p>	<ul style="list-style-type: none"> <li>Repeat Community Health Assessment to measure change over time.</li> </ul>	<p>Start: March 2023                  End: Dec. 2023</p>	<p>CGCHD Health Administrator</p>	
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**Appendix A1**

Details regarding Google doc setup and distribution

- CGCHD has created a Google doc and distributed it to the members of the chronic disease work group. The members have the ability to edit the document, and CGCHD receives a notification when the document is edited.
- CGCHD is creating a newsletter based off of the Google doc that will be distributed monthly. This helps with progress tracking and serves as a reminder to review the Google doc and add any relevant content.
- CGCHD will incorporate content from the Google doc into posts on the Healthy Guernsey Facebook page.

**Appendix A2**

Ideas for events and resources to be captured as part Google doc and promoted

- Fun to be Fit - kid's camp. Collaborate with YMCA - weeklong camp.
- Crunch for Health- school-based program through physical education - 4<sup>th</sup> through middle school? Healthy movement and healthy food choices, diary, incentives, daily habits, choices. Whole family involvement.

- Library- resources - free exercise and wellness initiatives. Introduce to kids and families - what's available. Library willing to get involved in events. Nature activities.
- Free things online - especially with COVID. Activities, workouts for different age groups. Promoting things online/free to promote wellness goals.
- Health department involvement.
- Patient wellness program - with YMCA for adult patients. Three days a week, exercise as a group, nutrition education for 12 weeks.
- Counselors, psychologists - mental piece. Emotional/mental issues that need to be addressed. Bringing more participants to table.
- United Way - health pillar including activities that promote movement and connection (reduce isolation). Three events - spring, summer, fall involving team challenges. Promote connection, collaboration, mental health. Virtual 5k with focus on over period of time - working as teams to help everyone succeed. Equivalencies for those with mobility issues. Bonus points for other types of activities - community service, referring other teams to participate, social time, family time, finding ways to connect, e.g., family game nights (in development). Promote community wellness and have that be a fundraiser.
- Speaking events on topics.
- Guernsey County Extension Center - SNAP Education.
- Specific age-related issues - research or studies showing impact over time - way to market the initiatives/show they matter.
- Existing talks (e.g. Ted Talks) - post link.
- Educating people on what tests/health screenings are beneficial to have.
- Organizations offering comprehensive health snapshots - offer information to make the public aware.

### **Appendix A3**

Ideas for program/theme name

- Hub for Health
- Guernsey County Hub for Health
- Healthy Guernsey Hub for Health
- Hub for Your Health
- Hub for My Health
- Your Hub for Health
- Your Guernsey County Hub for Health

(In general - keep name positive; don't focus on what to avoid (e.g., obesity, disease))

Ideas about who to promote to/other promotion ideas

- Logo or catch phrase to promote; window cling associated with project(s) with QR code or site; virtual links; working with senior center; schools to provide paper resources.
- Promote through hospitals, pediatricians, health department, library, 20<sup>th</sup> century grant program, schools, scouting groups, senior citizens center, Main Street.
- Promote to people with mobility issues.
- Promote to seniors raising grandchildren. Many without internet - doctor's offices, library would be very important. Flyers in Meals on Wheels.
- Volunteers - schools, scouts? Ideas/projects. E.g. stickers for good/bad foods. Kids looking for community service - they're becoming educated by doing the work while helping the community.

### Primary Care Services

Comm. Care Center  
Dr. Kollengoode's Office  
Cambridge-Guernsey  
County Health Dept.  
Genesis Health Care of Cambridge  
Work Pro (Sports and Work Physicals)  
Veterans Administration Clinic

### Adult Care Homes

Greystone Health & Rehabilitation  
Cambridge Health & Rehab Center  
Cardinal Place  
Country View Assisted Living  
Red Carpet Health Care(upper) Astoria Place (lower)

### Geriatric Services

Area Agency on Aging Region 9  
Guernsey Co. Senior Citizens Center  
Robert T. Secrest Senior Center

### Child Care Facilities

All For Kids  
Certified Daycare Providers  
Wee Cherish Preschool

### Maternal Care Services

GRADS Program  
Guernsey Co Health Dept Pregnancy Related Services  
SEORMC Childbirth Center  
OB/GYN Spec. of Southeastern Ohio, Inc.

### Preventive and Primary Care Services For Children

Bright Beginnings  
OVESC  
GMN Head Start

### Reproductive Health Services

Cambridge-Guernsey County Health Dept  
Southeastern Ohio OB/GYN Specialist

### Home Health

Cambridge Home Health  
Foster Bridge  
Hospice of Guernsey  
Interim Healthcare  
Quality Of Life Home Care



EMS

County Wide 911 Service  
United Ambulance

Drug & Alcohol Services of Guernsey County

Alcohol and Drug Services of Guernsey Co.

Social Services

Cambridge Church of Christ  
Assembly of God (1<sup>st</sup> and 3<sup>rd</sup> Thursday of every month 12:00 pm-1:00 pm)  
Feed My People (Balanced hot meal 6 days a week. 9:00 am - 1:00 pm (lunch 11:15 am - 12:30 pm)  
First Church of the Nazarene (Food Pantry 2<sup>nd</sup> & 4<sup>th</sup> Thursday of month 10:00 am - 11:30 am)  
Food Stamp Program  
GRACE Pantry (4<sup>th</sup> Friday of each month 11:00 am - 1:30 pm & 4:00 pm - 6:00 pm Satellite Distribution  
2<sup>nd</sup> Friday of each month 10:00 am - 11:30 am at Center United Methodist Church on Cadiz Rd.  
Guernsey Co. Senior Citizens Center (Home Delivery)  
Living Waters  
Fellowship (1<sup>st</sup> & 3<sup>rd</sup> Thurs. 12:00 pm-2:00 pm) Emergency Only (740) 679-3101  
Robert T. Secrest Senior Center  
Salvation Army (Share & Care 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> Thursday) for Produce @ 1:00 pm or Call after 10:00 am

Housing/Shelter Assistance Programs

Aspen Greene Apartments  
Berwick Apartments  
Byesville Gardens  
Cambridge Heights Apartments  
Cambridge Metropolitan Housing Authority  
Cambridge Village  
Coventry Heights Apartments  
Heritage Court Apartments  
The Homes of Huston Hills  
Cambridge Guernsey Co health Dept BCMH  
Financial Assistance  
SEORMC  
Social Security Office  
County Veterans Services  
Maple Heights Apartments

Transport Services Special Needs Population

Department of Jobs and Family Services  
SEAT Bus  
Guernsey County Senior Transportation  
Vans for Veterans/Veterans Service Office

Health Promotion/Prevention Nutritional Services Health Screenings Laboratory

Community Health Link  
Guernsey Co. Family & Children 1<sup>st</sup> Council

Housing

Lakeview Terrace  
Laughlin Woods Apartments  
Maple Arms Apartments  
Mayor Estates Apartments  
Meadow Park Village  
Pine Knoll Apartment Community  
Salvation Army (Share & Care)  
Skyview East Apartments  
Wills Creek Valley Apartments  
The Village at Sky Meadows

Assistance Programs

Department of Job and Family Services  
GMN/CAC (HEAP)  
Salvation Army  
Community Outreach Education Office  
Guernsey Co. Children Services Board  
Guernsey Co. Health Dept WIC (Lab)  
Help Me Grow  
OSU Extension Guernsey Co.  
Wellness Resource Center SEORMC  
SEORMC Lab

General Practitioners

Community Care Center Dr. Kollengoode's Office  
Conaway, Ed, MD  
Nau, Melissa, MD  
Bryan, Lindsey, NP  
Lall, Shobha, MD  
Pritchett, Erika, MD  
Muskingum Valley Health Center  
Schubert, Sandra MD  
Hack, Hillary, MD  
Simmerman, Angela

OB/GYN

Binkiewicz, Joseph, MD, Wright, Paul, MD  
Pavlik, Vickie, MD (GYN only)

Internal Medicine Primary Care, Cardiology Gastroenterology

Colby, Ed, MD  
Mahayri, Eyad, MD  
Medical Associates: Goggin, Mark, MD  
Goggin, Pat, MD  
Odejedelae, K., MD  
Rush, Doug, MD

Shashi, Vora, MD  
Durant, Stephen, MD  
OSU Cardiology of Cambridge  
Pain Management Clinic/M. Sayegh, MD  
Rass, Amjad, MD  
Ray, David, DO  
Schubert, Sandra, MD  
Hack, Hillary, MD  
Simmerman, Angela  
Muskingum Valley Health Center

Optometrists/Ophthalmologist

Eye Surgery of Eastern Ohio  
Antalis, John, MD  
(Surgery by referral only)  
Cambridge Family Eyecare  
Luminous Eye Care  
The Eye Site  
Wal-Mart Vision Center

Urgent Care

SEORMC Fast Track  
Genesis Health Center  
Urgent Care

Urology

Maximo, Cliff, MD

E.N.T.

Southeastern Ohio E.N.T.

Nurse Practitioners

Tammy Lawson, WHCNP

Chiropractic Services

Advanced Spinal Care  
Cox, Rick, D.C.  
Dollison, Carl, D.C.  
Doudna, Stephen, D.C.  
Fall, Bryan, D.C.  
Jefferies Chiropractic & Wellness

Dental Health Providers

Ohio Smiles  
DuBois, C., D.D.S.  
Duff, Gary, D.D.S.  
Muskingum Valley Oral Surgery

Fanti, Joseph, D.D.S.  
Farahay Family Dental Care  
Fender, W., D.D.S.  
Gardinsky, George/John/Karen, D.D.S.  
Jones, B. K., II, D.D.S.  
Woodlawn Dental Center  
Wakefield, Darcy, D.D.S.

Education

Cambridge High School  
Cambridge Middle School  
Central Elementary School  
North Elementary School  
South Elementary School  
Meadowbrook High School  
Meadowbrook Middle School  
Brook Intermediate School  
Byesville Elementary School  
Secrest Elementary School  
Buckeye Trail High/Middle School  
Buckeye Trail Elementary School  
Pike Elementary School  
St. Benedict School  
Buffalo Campus  
Foxfire School

Media

The Daily Jeffersonian  
Your Radio Place.com (KC105, 96FM, 97.7 FM, 93BNV)  
WHIZ Media Group  
Zanesville Times Recorder  
WTOV 9 - TV  
WTRF - TV

Government

Guernsey County Soil & Water  
Guernsey County Veterans Services  
Guernsey County Engineer  
Guernsey County Auto Title  
Guernsey County Juvenile Court  
Guernsey County Adult Probation Department  
Guernsey County Highway Department  
Cambridge Municipal Court  
Guernsey County Commissioners  
Guernsey County Auditor  
Board of Elections  
Guernsey County Treasurer

Probate Court  
Recorder

Law Enforcement

Guernsey Co. Sheriff's Office  
Cambridge Police Department  
Ohio State Highway Patrol -Cambridge Patrol Post  
Cambridge Fire - EMS Department  
Kimbolton Fire-EMS Department  
Senecaville Fire- EMS Department  
Byesville Fire - EMS Department  
Cumberland Fire - EMS Department  
Fairview Fire - EMS Department  
Old Washington Fire - EMS Department  
Pleasant City Fire - EMS Department  
Quaker City Fire -EMS Department  
Lore City Fire - EMS Department

Arts & Culture

Eoag Art Center  
Guernsey County Library  
Crossroads Library

### CHA PRIORITIZATION PARTICIPANTS

Karen Yanico	Cambridge City Schools
SM Brooks	Southeastern Ohio Regional Medical Center (SEORMC)
Matt Costello	Guernsey County DD
Scott Golec	Rolling Hill School District
Rose Ball	Cambridge-Guernsey County Health Department
Angie Gray	Cambridge-Guernsey County Health Department
Ashton Wisenbarger	Cambridge-Guernsey County Health Department
Michele Thompson	Cambridge-Guernsey County Health Department
Edward Colby	Cambridge-Guernsey County Health Department
Ryan Murphy	Cambridge-Guernsey County Health Department
Patricia Norris	Guernsey County Prosecutor's Office
Tim Welch	Guernsey County Juvenile Court
Jennifer Howell	Cambridge City Schools
Nicole Caldwell	Jobs and Family Services
Sheriff Paden	Guernsey County Sheriff
Clerk of Council	Cambridge City Government
Misty Cromwell	Mental Health and Recovery Services Board
Dave Wilson	Guernsey County Government
Maggie Ault	Allwell Behavioral Health Services
Kathleen Jamiel	Jobs and Family Services
Ron Gombeda	Guernsey County Community Development Corporation
Tracy Taylor	East Guernsey Local School District
Jay Jackson	Village of Byesville Government
Darlene Miser	Community Member
VL Hare	Community Member
E Duce	Community Member
(anonymous)	Community Member

### MENTAL HEALTH WORK GROUP

Ashton Wisenbarger	Cambridge-Guernsey County Health Department
Rose Ball	Cambridge-Guernsey County Health Department
Scott Golec	Rolling Hill School District
Misty Cromwell	Mental Health and Recovery Services Board
Hannah Bingham	SEORMC
Maggie Ault	Allwell Behavioral Health Services
Matt Costello	Guernsey County DD
Kathi Albertson	Farm Bureau
Karen Wiggins	Guernsey Health Choices
Vickie Hare	Community member

DRUG DEPENDENCY/ABUSE WORKGROUP

Angie Gray, RN	Cambridge-Guernsey County Health Department
Kathi Albertson	Community Member (Guernsey Farm Bureau)
Rose Ball	Cambridge-Guernsey County Health Department
Lesleigh Berg, MSN, APRN	Cedar Ridge Behavioral Health Solutions
Nicole Caldwell	Guernsey County Children Services Board
Scott Golec	Rolling Hills Local Schools
Casey McVicker	Cambridge High School
Kylee Quinn	Guernsey County Senior Citizens Center
Jennifer VanFleet	Cambridge-Guernsey County Health Department
Karen Wiggins	Guernsey Health Choices

CHRONIC DISEASE WORKGROUP

Michele Thompson	Cambridge-Guernsey County Health Department
Ashton Wisenbarger	Cambridge-Guernsey County Health Department
Carmella Dixon	YMCA
Jennifer Howell	Cambridge City Schools
Mary Townsend	United Way
Hannah Bingham	SEORMC
Kylee Quinn	GCSCC
Brittany Mathews	YMCA
Brooke Smith	MVHC
Lori Paden	East Guernsey Local School District
Matt Costello	GCDD
Kellie Engstrom	Early Intervention
Ellen Kumler, MD	SEORMC